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To boldly grow
Gentlemen, it's Movember — let the facial sprouting (and grooming) begin **PAGE 25**

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Infected and now convicted

HIV. Steven Boone found guilty of administering a noxious substance when he had unprotected sex and lied about his status



JOE LOFARO
joe.lofaro@metronews.ca

Steven Boone was visibly upset and shaking his head after a jury found him guilty on nine charges Wednesday evening, including three counts of attempted murder.

After two days of deliberations, the jury found him guilty of three counts of aggravated sexual assault and three counts of administering a noxious substance, namely HIV.

He was acquitted only on two counts of aggravated sexual assault.

At trial, the jury heard Boone sought sexual partners on online "hookup" websites and lied to

them about his HIV status. The Crown said he tried to infect his partners with HIV. The Crown entered thousands of pages of MSN chat logs as evidence to argue that Boone had a desire to pass on the virus to others, sometimes without their knowledge.

In those chats, Boone referred to himself as a "poz vampire," and told others that he doesn't like using condoms because they can cause cancer.

One of the complainants who had unprotected anal sex with Boone tested positive after their encounter and the Crown sought to prove he contracted it from Boone. The complainant told the jury he had sex with other men following his encounter with Boone.

Boone will have to wait to be sentenced until after Nov. 13 when he will have to return to court to face another related charge.

Carter declined to comment after the verdict was given. Crown prosecutor Meaghan Cunningham also declined to comment because of the subsequent trial.

Cunningham's partner Lousie

Tansey-Miller opened the Crown's case by saying Boone's actions were intentional and exposed his partners to the realistic possibility of HIV infection.

"Mr. Boone used sex, his own toxicity and deceit to perpetrate his crimes," argued Tansey-Miller. "He lied to some of his HIV-negative sexual partners about his HIV-positive status and he remained silent with others even as they disclosed their status to him."

In his closing arguments, Ian Carter said his client was just using charged up "fantasy talk" and he was looking to date men, not kill them.

"No motive, not a peep from Mr. Boone in all those thousands of pages of chat logs about wanting to kill anyone and the chance of potential death so minuscule and so far removed from the actual sexual acts that no real connection to a killing could possibly be made," said Carter.

The trial came on the heels of a recent Supreme Court ruling that said that HIV-positive men must disclose their status unless their viral load is low and they use a condom.

Beaver video damning evidence?

Wildlife group's claims that footage is fake called 'preposterous' by city manager **PAGE 3**

A role that's not so plane and simple

Denzel Washington plays an alcoholic pilot who makes a miraculous landing **PAGE 19**

Sushi fare that's square

Are your rolling skills a little on the rough side? These straight-edged sushi are a simple-to-make but elegant appetizer **PAGE 28**



Steven Boone has been found guilty of three counts of aggravated sexual assault and three counts of administering a noxious substance, HIV. Boone had unprotected sex with partners and lied about his status. **POLICE HANDOUT**

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Beaver video sparks conspiracy theories

Damning evidence?
Wildlife group's claims of dupe 'crazy': City manager



GRAHAM LANKTREE
graham.lanktree@metronews.ca

Not since accusations that the moon landing was faked has a video caused such controversy.

A local wildlife group accused the city Wednesday of duping them with footage said to show the relocation and release of three beavers that became the cause celebre of a Stittsville community this summer.

"We're saying this video proves nothing, but raises more concerns about what happened to the beavers," said Donna DuBreuil, president of the Ottawa-Carleton Wildlife Centre, of footage released by the city to the group in early October. "This is not a video of an adult and a kit. These are not the Paul Lindsay Park beavers."

The city promised to relocate a beaver mother and

her two kits from Stittsville's Paul Lindsay Park this summer after work crews destroyed their lodge in a park pond June 29. The city said the beavers were causing damage to trees in people's back yards facing the pond. After the lodge was dismantled the father of the kits disappeared.

DuBreuil said the group had been pressing for the video's release since the beavers were relocated by live trapping to Morris Island in early September. No one from the group witnessed the transfer.

"It is also very suspicious that the video does not show the beavers exiting the traps they are in," said Liz White of the Ontario Wildlife Coalition in a release.

"This is absolutely preposterous," said deputy city manager of operations Steve Kanellakos, referring to the accusation.

"Whether they believe it or not, I have no control over that," said Stittsville councillor Shad Qadri. "We trapped them live and relocated them live."



Protesters at a July 30 demonstration call for better wildlife management following a dispute about how to deal with a beaver family in Stittsville. Now that the city has released a video, inset, of the beavers being relocated into the wild, some wildlife activists are accusing the city of faking the video. The city dismisses the claim as preposterous. To see the video go to metronews.ca. GRAHAM LANKTREE/METRO FILE

PTSD led to hammer beating, says doctor



A court sketch of Toby Land from earlier in the trial. SEAN MCKIBBON/METRO

A forensic psychiatrist testified Wednesday that post-traumatic stress disorder (PTSD) was a "major component" in the motive behind Toby Land's hammer attack against his roommate in their Murray Street apartment.

The diagnosis came after 11 hours of assessment by Dr. Julian Gojer in October. He said Land's history of childhood sexual abuse and his anger toward child molesters are factors that led to the attack on Dominic

Doyon.

After Land moved into the Murray Street apartment, Doyon started to date a 14-year-old girl. Doyon was 33.

Just before the attack, Land confronted Doyon about the relationship.

"He perceived (Doyon) to be a child molester," said Gojer, "and there was a feeling that he needed to protect her."

Land was charged with second-degree murder after police found Doyon dead

in their apartment. He has pleaded not guilty.

He admitted to hitting the victim's head and hands with a hammer during an altercation, while his other roommate, Carl St. Cyr, admitted to stabbing the victim with a sword at least three times.

Dr. Julian Gojer told the jury that Land's dependence on alcohol was a disinhibitor in the attack also.

It was a "frenzied" attack that "went further than needed" and was likely driv-

en by emotion, he said.

Gojer agreed with Crown prosecutor Carl Lem that Land's actions were not random on the night of the killing and they reflected a conscious choice.

"Of course it's a conscious choice, but PTSD has clouded his thought process," said Gojer.

"Anger is a factor in this case," he said, "and the reason he's angry is his own childhood experiences."

The trial continues Thursday. JOE LAFARO/METRO

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Economy. Ottawa trailing major Canadian cities

The Ottawa-Gatineau economy is expected to grow slightly in 2013, according to projections from the Conference Board of Canada.

The organization is forecasting real GDP growth of just under 1.5 per cent next year, up slightly from 2012's one per cent rate.

That's significantly slower than most cities in Western Canada, including Calgary, Saskatoon and Vancouver, where real GDP is expected to grow by over three per cent. It's also dead last among major eastern cities like Halifax, Quebec and Hamilton, all projected to grow

by more than two per cent.

But Conference Board economist Mario Lefebvre told the Ottawa Chamber of Commerce to be careful not to dwell on those rankings.

"Yes, now it shows Ottawa last," Lefebvre said Wednesday, noting Ottawa fared the global recession better than other Canadian cities.

The region's unemployment rate is projected to increase slightly in 2013 to just under 6.5 per cent. That corresponds with a projected four per cent drop in public administration employment growth.

ALEX BOUTILIER/METRO

Survey. Local businesses remain optimistic

The city's head of economic development said that despite concerns raised by Ottawa's business community, outlook for 2013 is largely positive.

In a presentation to the Ottawa Chamber of Commerce Wednesday, Saad Bashir said the vast majority of businesses surveyed are still feeling the effects of the recession.

"Despite the global economic challenges, we find the local business community quite optimistic about what 2013 will hold for them," he said, adding one in three of those surveyed expect to make large capital expenditures, and two in three expect to maintain existing staffing levels.

Bashir said the overall outlook for next year is divided, with four in 10 of those surveyed expecting things to remain the same while the same number anticipate growth.

According to the city, the top three challenges indicated were the lagging global economy, red tape at various levels of government, and fears of job losses as the federal government sheds public-sector jobs.

The top four priorities from businesses were increasing the availability of qualified labour, general affordability in the city, the overall quality of life, and road and transit infrastructure.

ALEX BOUTILIER/METRO



Mayor Jim Watson addresses the Ottawa Chamber of Commerce Wednesday. ALEX BOUTILIER/METRO

Attn: Job creators — the city wants you

Incentive program.

Mayor pledges to cut red tape for projects that put 100-plus people to work



ALEX BOUTILIER
alex.boutillier@metronews.ca

Ottawa City Hall wants to give preferential treatment to companies bringing 100 or more jobs to the municipality.

In a speech to the Ottawa Chamber of Commerce Wednesday morning, Mayor Jim Watson unveiled a new "capital investment track" program designed to expedite certain projects, investments

Quoted

"We have to move faster than we have in the past, and we have to have a more co-ordinated approach, so that businesses that are deciding whether they're going to locate in Montreal or Toronto or Upper New York State have Ottawa at the front of mind."

Mayor Jim Watson

and developments through the application process.

"We will shepherd the project through city processes and requirements to get it underway and completed," Watson told the crowd.

"Planning, rezoning, waste-water services, telecommunications, signage, permits — you name it."

It's out of a desire to

move at the "speed of business" rather than the "speed of government," Watson told reporters after his speech.

When asked if the initiative was essentially picking winners and losers, Watson said Ottawa has to be more aggressive in bringing private companies to town in the wake of uncertainty in the federal public sector.

Watson also said that in some instances the chosen applications will jump the queue to get approvals in a more timely manner.

"If we're fighting with other cities to get the business and they have to have their business up by a certain point, we will fast-track them," Watson said.

"We're up against a lot of North American cities that are offering similar services."

City hall is also rolling out a \$38,000 initiative called Locate Ottawa — a mapping tool that lets users zoom in on specific locations in Ottawa to get a breakdown of demographics, the local workforce profile, consumer expenditures and other data.

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Vacationers. Tourists can finally get off Facebook and see a bit of the city

Museums, the Empire State Building, Broadway theatres and many stores reopened Wednesday to the relief of tourists who'd been stuck in hotel rooms since the week-end due to Superstorm Sandy. But parks, the 9-11 Memorial, the Statue of Liberty, Ellis Island and other top attractions remained shuttered.

"We tried to go to Central Park but it was closed," said Angela Walsh, who travelled from Lincoln, England, with her husband and two kids, as they took pictures at Rocke-

Bright side

"We are pleased because we are alive."

Tourist Martine Juillard of Paris, waiting with her daughters for the Abercrombie & Fitch store to open on Fifth Avenue

efeller Center Wednesday morning, where the rink was opening for skating. She said they'd spent much of the last two days in their hotel room. "Thank God for Facebook," she added. "That kept them entertained." **THE ASSOCIATED PRESS**



Commuters cross New York's Brooklyn Bridge Wednesday. Rush-hour traffic appeared heavier than on an ordinary day. RICHARD DREW/THE ASSOCIATED PRESS

N.Y.C. Marathon

Disaster will be backdrop to run

The New York City Marathon is a go for Sunday. While logistical questions persist, one thing is certain: The 42-kilometre route will have a disaster for a backdrop. And a debate: Some say it pulls resources and focus away from people in need.

THE ASSOCIATED PRESS

Alert over

Danger cools at N.J. nuclear plant

A nuclear power plant in New Jersey is no longer under an alert caused by Superstorm Sandy. The alert at Oyster Creek plant in Forked River was triggered as water rose outside the plant, threatening cooling equipment. It ended early Wednesday.

THE ASSOCIATED PRESS

Storm victims in need of shelter and comfort

New problems arise.

Blazes rekindled by natural-gas leaks destroy dozens of homes in N.J.

People along the battered U.S. East Coast took the first cautious steps to reclaim their daily routines Wednesday, even as the search for victims continued. Superstorm Sandy's death toll rose to at least 63.

The New York Stock Exchange came back to life, and two major New York airports reopened to begin the long process of moving stranded travellers around the world.

U.S. President Barack Obama landed in New Jersey, which was hardest hit by Monday's hurricane-driven storm, and he took a helicopter tour of the devastation with Gov. Chris Christie. "We're going to be here for the long haul," Obama told people at one emergency shelter.

For the first time since the storm pummelled the heavily populated U.S. northeast, doing billions of dollars in damage, brilliant sunshine washed over New York City, for a while.

At the stock exchange, running on generator power, Mayor Michael Bloomberg gave a thumbs-up and rang the opening bell to whoops from traders. Limited service on the subway will resume Thursday.

It was clear that restoring the region to its ordinarily frenetic pace could take days — and that rebuilding the hardest-hit communities and the transportation networks



U.S. President Barack Obama embraces Donna Vanzant during a tour Wednesday of a neighbourhood affected by Superstorm Sandy in Brigantine, N.J. Vanzant is an owner of North Point Marina, which was damaged by the storm. PABLO MARTINEZ MONSIVAIS/THE ASSOCIATED PRESS

could take considerably longer.

About six million homes and businesses were still without power. In New Jersey, National Guard troops arrived in the heavily flooded city of Hoboken to help evacuate about 20,000 people still stuck in their homes and deliver ready-to-eat meals. Live wires dangled in floodwaters that Mayor Dawn Zimmer said were rapidly mixing with sewage.

Tempers flared. A man screamed at emergency of-

Unlikely bromance

U.S. President Barack Obama joined one of his top Republican critics to visit storm victims in New Jersey, giving Americans a high-profile display of presidential leadership.

- Gov. Chris Christie has been one of Mitt Romney's most prominent supporters, but he has been effusive in his praise of Obama's response to the storm.

ficials in Hoboken about why food and water had not been delivered to residents just a few blocks away. The man,

who would not give his name, said he blew up an air mattress to float over to a staging area.

THE ASSOCIATED PRESS

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'Ow, it hurts' – shocking vids seen at teen's inquest

Caution: Graphic content. Hooded Ashley Smith had her hands duct-taped to an airplane seat by prison guards

The haunting protests of a now-dead teenager filled a Toronto coroner's courtroom Wednesday.

Surveillance videos were screened showing the troubled inmate repeatedly tranquilized against her will or being threatened with having her face duct-taped.

The disturbing images of Ashley Smith — images finally released after a two-year fight — showed the 19-year-old at several points in the run-up to her October 2007 choking death in a prison cell in Kitchener.

"Ow, it hurts," a hooded Smith yells at one point as prison guards duct-tape her reddened hands to an air-



Ashley Smith is shown in this still image taken from a coroner's video. THE CANADIAN PRESS/HANDOUT

plane seat.

"Trust me: I am calm," she says in a thin voice at another point, as guards threaten her.

The airplane video, from April 2007, shows Smith's

transfer from a Saskatoon prison, where a supervising guard had assaulted her by bashing her head into the floor.

Although she doesn't ap-

pear to be putting up much resistance and she's wearing two "spit hoods" over her face, the guards duct-tape her hands to the arm rests.

The pilot then weighs in.

Guards watched

Ashley Smith, 19, died Oct. 19, 2007, inside a segregation cell at the Grand Valley Institution for Women in Kitchener, Ont.

- **Horrific.** She choked herself to death with a strip of cloth while guards, instructed not to intervene, watched.

"Don't bite me," he says. "I'm not," Smith responds. "It'll get worse if you do." "How can it get worse?" "I'll duct-tape your face."

Correctional Service Canada is fighting to narrow the scope of the inquest into her death, arguing the coroner has no jurisdiction to delve into the federal prison system.

"Don't let them get away with it," Julian Falconer, Smith's family lawyer, told presiding coroner, Dr. John Carlisle. THE CANADIAN PRESS

Grief. Hydro mourns one of its own, a storm victim

A hydro worker was killed Wednesday in southwestern Ontario while working on a power line damaged by Superstorm Sandy.

The worker, whose name was not released, was electrocuted while tending to a downed power line in Sarnia, said the labour ministry.

Bluewater Power CEO Janice McMichael Dennis said the death was an "unbelievable" shock.

"As you can imagine his family is grieving and we are grieving here as his family," she said.

"It is an unspeakable tragedy."

Provincial Energy Minister Chris Bentley took to Twitter to extend his condolences to the worker's family.

"Thoughts and prayers with family of Hydro worker killed in Sarnia," Bentley wrote.

It was the second known death in Canada related to Sandy. A Toronto woman was killed by a falling sign on Monday.

THE CANADIAN PRESS

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Harper defends agreement with Beijing

Foreign Investment Promotion and Protection Agreement (FIPA). The PM says it will even the playing field for Canadian firms

Prime Minister Stephen Harper defended the investment-protection agreement he signed with Beijing, say-

ing it will even the playing field for Canadian companies wanting to invest in China.

"For almost two decades, Canadian governments have been trying to get a foreign-investment protection and promotion agreement with China for one very simple reason: Canadian investors have not had the kind of protection in China that Chinese investors have in Canada," Harper said during the daily

NDP quoted

"They are trying to tie the hands of Canadians for 31 years with no study, no debate and no consultation."

NDP Leader Thomas Mulcair, who urged Harper to provide MPs a chance to scrutinize the agreement before it comes into force

Commons question period.
"This agreement allows us

to move forward. That is why it has seen an almost entirely positive response from Canadian investors. They want to see this go forward and we are committed to giving them the kind of protection they need."

The Prime Minister was fielding questions on the Foreign Investment Promotion and Protection Agreement (FIPA) he arranged with China. **THE CANADIAN PRESS**



Prime Minister Stephen Harper rises during question period in the House of Commons Wednesday. ADRIAN WYLD/THE CANADIAN PRESS

South Africa

Blacks face deep poverty, unemployment: 2011 census

White South Africans earn six times more than black South Africans two decades after the end of apartheid, and much remains to be done to reduce the disparities between rich and poor, the South African president said on release of the new census. "At the bottom of the rung is the black majority who continue to be confronted by deep poverty, unemployment and inequality, despite the progress," said President Jacob Zuma.

THE ASSOCIATED PRESS

Enough politics!

Sobs of girl, 4, over too-long election go viral

The oh-so-long U.S. presidential campaign has made at least one young girl cry. In a video released Wednesday that has gone viral online, four-year-old Abby Evans is seen frowning, tears rolling down her cheeks. Her mother, Elizabeth Evans, asks why she is crying. Abby replies: "Because I'm tired of Bronco Obama and Mitt Romney." Her mother then says the election will be over soon. "Yay," Abby says through sobs.

THE ASSOCIATED PRESS



Indira Gandhi remembered

Prime Minister Manmohan Singh offers floral respects at the memorial of former prime minister Indira Gandhi on her death anniversary in New Delhi, India, Wednesday. Gandhi was gunned down by her trusted Sikh bodyguards in 1984. Singh is the first Sikh to hold the office.

MUSTAFA QURAISHI/THE ASSOCIATED PRESS



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Flu vaccine gets all-clear: Was hold a little too hasty?

Flu season. Canada says Novartis is safe to use: Italy, which sparked worldwide fears, is now reviewing its decision to ban it

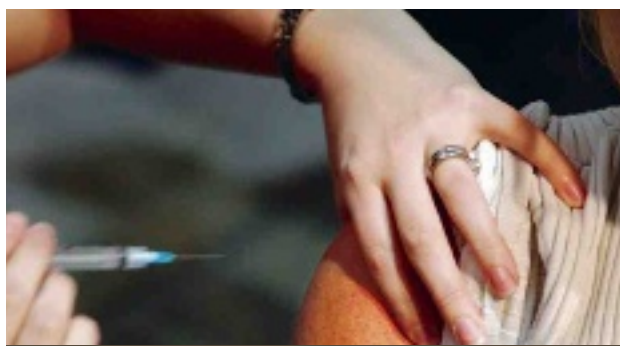
Health Canada lifted its hold on Novartis flu vaccines on Wednesday.

It said a review of the products reassured the department the vaccines are safe to use.

Switzerland, which also suspended use of the vaccines last week, followed suit.

And it was reported that even Italy, which was the first in a chain of countries to halt use of the Novartis vaccines, is now reviewing its decision, too.

In fact, a senior Health Canada official admitted the agency might never have



It's flu-shot season — and the Novartis vaccine has got the green light.
JEFF MCINTOSH/THE CANADIAN PRESS

put a hold on the products if it had had details last week about why its Italian counterpart had blocked delivery of Novartis vaccines in that country.

Health Canada was finally able to get those details from Italy on Tuesday and also used other sources of information to conduct a risk assessment on the products, sold in Canada under the names Fluid

and Agriflu.

It turned out that Italy had taken the action solely based on a report from Novartis that it had found an imperfect batch of vaccine made at its Siena, Italy, plant. Other batches were apparently OK.

The Novartis vaccines make up a total of 20 per cent of Canada's combined flu vaccine purchase this year.

THE CANADIAN PRESS



Don't blame Sandy

It's cleanup time in Toronto — and you can't put all the blame on Superstorm Sandy. While its torrential rains were causing havoc, a fierce fire broke out on the city's fashionable Queen Street West. A commercial building that housed apartments and a Roots store was destroyed. The cause is unknown. **RENÉ JOHNSTON/TORSTAR NEWS SERVICE**

Storm aftermath

Toronto offers N.Y.C. transit help

Toronto's transit bosses have offered to help New York get its transit service back on line.

The offer extends “to whatever they need — track, signal, structural, electrical expertise, vehicle engineers,” said Toronto Transit Commission spokesperson Brad Ross.

Meanwhile, Toronto council voted to help New York City with its cleanup after Superstorm Sandy.

TORSTAR NEWS SERVICE

SPCA on alert

DIY surgery puts dogs at risk

Saskatchewan SPCA officials are worried by reports of people neutering their dogs with do-it-yourself surgery.

SPCA manager Kaley Pugh says she has seen five reports this year of dog owners using elastrator bands to neuter their male dogs, a practice usually found on the farm when castrating bulls.

THE CANADIAN PRESS



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Hawaii Air + 7 Nights Aqua Aloha Surf Waikiki INCLUDES nights Waikiki accom. Departs Nov 28/16 w/16	\$1165
Florida Long Stay, Air + 21 Nights Dolphin Beach Resort INCLUDES resort-style St Petersburg accom with kitchenette at a beachfront location. Departs Nov 20/16 w/16	\$1549

Vacations

Costa Rica Air + 7-Day Car Mini Car INCLUDES roundtrip San Jose airfare and 7-day car rental with unlimited mileage. Departs Dec 31/16 w/16	\$824
Montreal New Year's, 2 Nights Travelodge Montreal INCLUDES accom near the Old Port over New Year's. Travel Dec 30/16 w/16	\$94.99
Vancouver Air + 3 Nights Comfort Inn Downtown Vancouver INCLUDES accom in the Entertainment District. Departs Dec 31/16 w/16	\$689
French Riviera Air + 21 Nights Heliostel Marine INCLUDES airfare from Montreal and Nice area studio with full kitchen, near the beach. Departs Feb 19/16 w/16	\$1629*
Australia Air + 9-Day RV Highway Campervan incl \$1099 base + \$990 taxes & fees INCLUDES roundtrip Sydney airfare and 9-day RV rental with linen, bedding and crockery included. Departs Feb 2/16 w/16	from \$2699



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Graphic Guns N' Roses ad stirs controversy

Sin City. Promotional campaign lands Las Vegas city officials in hot water with victims of domestic abuse

A county commissioner in Las Vegas says she regrets the board temporarily renamed a street in honour of Guns N' Roses after finding out about the band's suggestive publicity artwork.

Ads promoting the band's four-week run at the Hard Rock Hotel & Casino depict a dishevelled woman who appears to have been sexually assaulted beneath the iconic "Welcome to Fabulous Las Vegas" sign.

"I hadn't seen the advertising before the media event," Commissioner Mary Beth



Singer Axl Rose performs at the Hollywood Palladium.
JASON MERRITT/GETTY IMAGES

Scow told the Las Vegas Sun. "It's clearly inappropriate. Maybe it's the risk of doing business with a rock band, but I guess we'll have some remorse over this decision. It's a lesson learned."

Scow represented Clark County at a ceremony Monday that renamed Paradise Road to Paradise City Road, after the band's famous 1987 song. Scow said she'd done her due diligence before the renaming, even listening to the song beforehand. She said she liked the line in the chorus, "Take me down to the paradise city, where the grass is green and the girls are pretty."

But she later learned about the graphic posters, which are a sanitized version of the much-criticized cover from Guns N' Roses' debut album "Appetite for Destruction."

An advocate for domestic-violence victims said the county should rescind the street-name change, and the band and venue should apologize for using the image.

THE ASSOCIATED PRESS



Halloween lobster is one in 50 million

This image released by the New England Aquarium shows a one-pound female lobster, known as a "split," that was caught by a Massachusetts fisherman last week. Officials say such rare Halloween colouration is estimated to occur once in every 50 million lobsters. EMILY BAUER/NEA/THE ASSOCIATED PRESS

Neglected

Wife dead, husband faces charges

The husband of a 180-kilo-gram U.S. woman has been charged with abuse after her recent death.

Authorities are accusing Michael Brooks of allowing

Yolanda Reese-Brooks to fester in a bed surrounded by her own waste. The 40-year-old woman died of morbid obesity and other injuries last week.

The prosecutor's office says Brooks was his wife's primary caretaker after she sustained a crushed pelvis and ruptured bladder in a 2011 auto wreck.

Brooks is charged with second-degree abuse of a vulnerable adult. Prosecutor Eric Smith says Brooks' conduct was "shameful." Reese-Brooks' four children now are living with a relative.

It's unknown if Brooks has a lawyer. He doesn't have a listed phone number.

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Hall Beach in Nunavut grew because of a radar station built there in 1957. Four men who moved graves from the community claim responsibility. RICHARD LAUTENS/TORSTAR NEWS SERVICE

Haunting, dirty job in Nunavut still unpaid for

Hall Beach. Hunters who relocated graves 44 years ago never received compensation

More than 40 years ago four hunters in Canada's northern reaches had the haunting task of relocating 20 graves from the centre of the hamlet of Hall Beach to its outskirts.

Using dog sleds, it took the men days to move the bones and partially decomposed bodies, but they were never paid.

And now 44 years later their compensation is still a matter of vigorous debate with absolutely no resolution. Ottawa says it's not responsible and Nunavut politicians say the new territory wasn't even around then, so forget it.

"They were promised compensation for doing the

work (by the then federal settlement manager) ... but they never did get paid," Louis Tapardjuk, the MLA for the area, told the Torstar News Service.

Hall Beach, which has about 600 people, is at the north-eastern tip of Melville Peninsula at the shores of Foxe Basin, a narrow strait across from Baffin Island.

Only one of the hunters is still alive and he is said to be dying of cancer. He and the families of the other three are reported to be looking for \$5,000 each.

Tapardjuk raised the matter in the Nunavut legislature as recently as this week, urging Department of Health

and Social Services' Keith Peterson to do the right thing, but he offered only sympathy for the hunters' families.

"The Government of Nunavut wasn't even in existence until 1999," Peterson said, adding the matter only landed on his desk last year.

"The Government of Canada clearly indicates in their correspondence that they have no record of this event ever occurring. It's very puzzling. I know the community says it did happen. The federal government, to whom they have been corresponding with, said that it didn't happen and the statute of limitations has run out."

TORSTAR NEWS SERVICE

Quoted

"The Government of Canada clearly indicates in their correspondence that they have no record of this event ever occurring. It's very puzzling."

Keith Peterson, Department of Health and Social Services



by dogsled 40 years ago are still waiting to be paid. Neither the federal government nor the government of Nunavut will



Birds fly past the Hall Beach cemetery. RICHARD LAUTENS/TORSTAR NEWS SERVICE

Whose responsibility is it?

'They never even got a thank-you letter'

The graves were originally located right in the centre of the hamlet, and MLA Louis Tapardjuk said it was a federally appointed settlement manager who ordered them moved, which the federal government now denies ever happened.

"Can you imagine all the emotional stress that came along having to deal

with bloody graves and the men's clothing smelling like death. Apparently it was a horrible smell. The sleds even had to be destroyed after that. Through all that they never even got a thank-you letter or anything," Tapardjuk said.

Tapardjuk said it is "extremely frustrating" to keep raising the matter of compensation and have nothing happen.

Peterson countered: "With respect to financial compensation, that's very difficult for me to answer. We have no idea what the costs are and who acknow-

ledges responsibility. What I'm prepared to do is offer the individuals and the community of Hall Beach counselling and support to these individuals affected and help them with their grieving and healing process."

Tapardjuk said the compensation would go a long way for the families "for equipment to go hunting ... but instead they get nothing in return."

Hunting and fish are the main occupations in Hall Beach, one of the oldest communities north of the Arctic Circle.

TORSTAR NEWS SERVICE



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Bionic leg faces gruelling 103-storey proving ground



In this Oct. 25 photo, Zac Vawter, fitted with an experimental "bionic" leg, looks down from the Willis Tower in Chicago. BRIAN KERSEY/THE ASSOCIATED PRESS

Future tech. Amputee will use brain-powered leg to climb one of the world's tallest skyscrapers

Zac Vawter considers himself a test pilot. After losing his right leg in a motorcycle accident, the 31-year-old software engineer signed up to become a research subject, helping to test a trailblazing prosthetic leg that's controlled by his thoughts.

He will put this groundbreaking bionic leg to the ultimate test Sunday when he attempts to climb 103 flights of stairs to the top of Chicago's Willis Tower, one of the world's

The goal

"Somewhere down the road, it will benefit me and I hope it will benefit a lot of other people as well."

Zac Vawter, about the research at the Rehabilitation Institute of Chicago

tallest skyscrapers.

If all goes well, he'll make history with the bionic leg's public debut. His whirring, robotic leg will respond to electrical impulses from muscles in his hamstring. Vawter will think, "Climb stairs," and the motors, belts and chains in his leg will synchronize the movements of its ankle and knee. Vawter hopes to make it to the top in an hour, longer than it would've taken before his amputation, less time than it would take with his normal prosthetic leg — or, as he calls it, his "dumb" leg.

A team of researchers will be cheering him on and noting the smart leg's performance. When Vawter goes home to Yelm, Washington, where he lives with his wife and two children, the experimental leg will stay behind in Chicago. Researchers will continue to refine its steering. Taking it to the market is still years away.

Bionic arms have been available for a few years. Safety is important: if a bionic hand fails, a person drops a glass of water. If a leg fails, a person falls down stairs. **THE ASSOCIATED PRESS**



Spoils of the hunt

Bear and other animal pelts are sold on Oct. 12 northwest of Moscow. Trophy hunting is gaining ground in Russia among a new wealthy class with cash to burn. ALEXANDER ZEMLIANICHENKO JR/THE ASSOCIATED PRESS

Dirty laundry

Belgian royals irate over exposé

The Belgian royal palace has lodged a complaint over a book describing alleged dalliances and private family information about leading members of the monarchy.

THE ASSOCIATED PRESS

Nocturnal state

'Lights out,' say Egyptian leaders

The Egyptian government is facing backlash for planned laws closing stores and restaurants early. Officials say the goal is social responsibility and conservation of energy. **THE ASSOCIATED PRESS**

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Financial planning

40% of Canadians relying on homes to fund retirement

About four in 10 respondents to a new BMO study say they aren't confident in their ability to save for retirement and the same number are relying on the value of their home to help fund their retirement.

BMO warns that using a home as a nest egg is a risky idea and that personal savings must play a role in retirement planning. The BMO Retirement Institute survey, conducted by Harris Decima, polled 1,002 Canadian respondents.

THE CANADIAN PRESS

Have a latte and a charged phone

Power up. Starbucks starts wireless charging program in U.S. stores

If Starbucks has its way, that double espresso might not be the only thing to give you a jolt the next time you visit.

The Seattle-based coffee chain has unveiled a wireless charging pilot program at 17 Boston-area stores. All Starbucks locations have had free Wi-Fi access since 2010.

The company didn't immediately respond to a Torstar News Service request for comment, but in a published report, executive Adam Brotman didn't rule out expansion of the wireless charging program to other Starbucks locations.

"Customers are coming into our stores every day with mobile devices, and putting them down on the table. If they could be charging their device at the same time, then we've connected with that customer and met their need, maybe even before they realized they had a need for wireless charging," Brotman said in the report, from the Boston Globe.



In this July file photo, a cup of Starbucks coffee sits outside a shop in Cambridge, Mass. The chain's Boston-area stores now offer customers wireless charging for their mobile devices. THE ASSOCIATED PRESS FILE

The wireless charging uses inductive chargers supplied by Duracell Powermat. While inductive charging has the advantage of doing away with wires that people can trip over, there are a few disadvantages.

In particular, inductive charging doesn't charge batteries up as quickly as standard plug-based charging. Another issue is that inductive charging can heat your device up in addition to charging it.

TORSTAR NEWS SERVICE

E-commerce . Canucks will buy one-fifth of holiday presents online

This holiday season, about 20 per cent of gift purchases in Canada are expected to be made online.

One in five presents bought via the web sounds like a sizable number, but compare that figure to the shopping habits of web-savvy Americans, Brits and Germans and it's actually tiny.

According to a recent eMarketer report, 90 per cent of Internet users in the United Kingdom expect to do some of their shopping online this year and half expect to do most of their buying through the web.

E-commerce could be a much, much larger trend in Canada if consumers had more places to shop online, says Rafe Petkovic, Google Canada's head of industry for retail.

The state of online shopping in Canada today is similar to what consumers in the United States, United Kingdom or Germany experienced in 2006 or 2007, Petkovic adds, with relatively few retailers to choose from, limited inventory selection and inconsistent shipping options.

"They are certainly markets that are very, very far advanced in comparison to some of the most nascent markets, of which I think Canada is

Canadian challenges

- The country's vast geography and lack of population density are daunting to Canadian retailers looking to launch an online shop.
- Those factors make inventory management and the ability to offer inexpensive — or ideally free — shipping more challenging.
- Having a robust, secure e-commerce operation also requires a significant investment, which some companies have been reluctant to make.

one," he says.

"That's not to say it's going to take five to six years to get to a state of e-commerce sophistication, because the benefit that Canadian retailers have is they can steal with pride and learn the lessons that have been painfully learned by their peer set in other markets around the globe.

"So I'm very bullish and optimistic about the opportunities that exist for Canadian retailers online."

THE CANADIAN PRESS

Economy declines for first time since February: StatsCan



A worker assembles a business jet at Bombardier's manufacturing facility in Toronto in May. The Canadian economic expansion came to a surprising halt in August, posting the first decline since February. THE CANADIAN PRESS FILE

Canada's economic expansion came to a surprising halt in August, posting the first decline since February and setting the stage for the worst quarter of economic activity in more than a year.

Real gross domestic product shrank by 0.1 per cent over the month, with both temporary and fundamental factors taking the steam out of what economists had expected to be a relatively healthy 0.2 per cent advance.

Finance Minister Jim Flaherty cautioned against overreacting to the one-month

setback, saying the economy is growing.

"It is one month," he told reporters on his way into a Conservative party caucus. "There is some weakness in Europe certainly, and the American recovery is slow. We are going to see variations month to month, but overall for the year we are on track with GDP growth."

But with contractions in 10 out of 18 industrial sectors, including the big ones of manufacturing, construction, mining and oil and gas extraction, "this is no fluke," said Bank of Montreal economist Doug Porter.

Quoted

"The most disturbing thing about the report is the breadth of declines across so many different sectors."

Scotiabank economist Derek Holt

"While some temporary factors weighed on activity in August, the main message here is that the economy is struggling to churn out any growth whatsoever."

Despite private-sector economists' expectations, the weakness had been somewhat foretold by the Bank of Canada last week when it surprisingly downgraded growth for the third quarter to an anemic one per cent, blaming temporary shutdowns in the natural-resources sector.

But Scotiabank economist Derek Holt said the bank would be lucky to meet even its revised forecast now, saying the quarter, which ended in September, is now tracking at about 0.5 per cent growth.

THE CANADIAN PRESS

Chinese tourism

South Korean island to become gambling mecca

South Korea's Incheon city said Wednesday it aims to transform a small fishing island off the country's west coast into a hub of tourism, shopping and gambling to rival Macau and Las Vegas.

The city, 28 kilometres west of the capital Seoul, hopes to eventually attract up to \$290 billion US in in-

vestments by 2030 to build casinos, hotels, auto-racing tracks, a marina and K-pop concert halls in its district of Yongyu-Muui.

Incheon hopes the tourism complex will lure the growing middle and upper class from China, who are spending more on leisure and travel, and tourists from Japan.

To increase its appeal to Chinese tourists, the new island will be named Eight-city and built in the shape of "8" after the auspicious number in China.

THE ASSOCIATED PRESS

European news sites lobby for 'Google tax' on links

European news organizations are trying to avoid extinction by asking governments in France, Germany and Italy to step in and charge Google for links to stories the Internet search giant has always gotten for free.

Critics — including, unsurprisingly, Google — say the strategy is shortsighted and self-destructive, and the search engine warns it will stop indexing European news sites if forced to pay for links. But publishers advocating a

"Google tax" aimed at benefiting their industry point to the example of Brazil, where their counterparts abandoned the search engine and say repercussions have been minimal.

The dispute underscores a fundamental question facing media agencies around the world: Who should benefit from links to online content that is costly to produce and yet generates a fraction of the ad revenue that once allowed newspapers to flourish?

THE ASSOCIATED PRESS



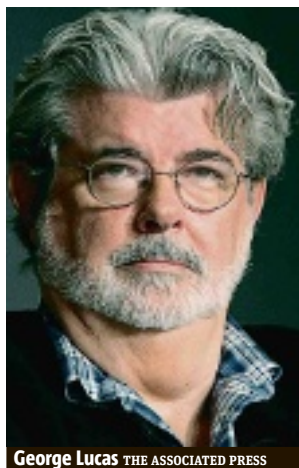
Cups bearing the Google logo are displayed at the Google France offices in Paris, prior to the headquarters' December 2011 inauguration. Publishers in France, Germany and Italy want their governments to impose a tax on Google to save them from extinction. THE ASSOCIATED PRESS FILE

BELIEVING IN STAR WARS IS SO DONALD DUCK



HE
SAYS...
John Mazerolle
metronews.ca

Finally, there's going to be a fourth Star Wars movie! After almost three decades! Wow! It's hard to believe there's been nothing since Return of the Jedi, back in 1983! Because there hasn't been. Nothing. *Nothing*. Understand? There have been no prequels, no tampering with the trilogy, no terrible cartoons. Understand?



George Lucas THE ASSOCIATED PRESS

The ship has sunk

I've heard a couple of people say that they're worried Disney will ruin the franchise, which to me is like worrying a salvage team retrieving a sunken ship might scratch the hull.

But, then again, it's hard to overstate how disappointing Episode I: The Phantom Menace was to anyone who watched Star Wars as a child. Never have so many stood in line for so little.

There's a Lord of the Rings prequel coming out next month. If Lucas was in charge of that project, we'd learn that the battle for Middle Earth was a dispute over an estate tax, that Frodo can carry the ring because of micro-organisms called arthro-mithils, and that before Sauron became the Dark Lord he was a whiny teenager.

Was Lucas only in it for the money? Maybe. But more likely he was only in it for the toys, be it multimillion-dollar special effects or plastic figurines.

Star Wars always had lots of merchandise, but in the old days it was more a by-product of the excellent films. The original toys were sort of charming in their clunkiness. A lightsabre appeared magically from inside Luke's arm, decals came off R2-D2 in the bathtub, and many frustrating hours were spent in childhood just trying to get Hammerhead to stand up without falling over.

By the time the third prequel came out, there were so many slick toys, ads and cross-promotions it would not have surprised me to see Obi-Wan talking through an AT&T hologram and Darth Vader explaining that he draws his strength from the power of Pepsi.

I've heard a couple of people say that they're worried Disney will ruin the franchise, which to me is like worrying a salvage team retrieving a sunken ship might scratch the hull.

With any luck, Episode 7 will be the movie we were all waiting for in the late '90s. After all, Disney is the film company that has made epic sequels like The Santa Clause 2, and sci-fi fantasy smashes like John Carter. What could possibly go wrong?

May the Force have mercy on us all.

Good. And if I hear the word midi-chlorian out of you, it won't just be Greedo shooting first. Got it?

Sigh.

Much like Lando's "mask" in Jabba's palace, I'm not fooling anyone. But, like every human from this galaxy who has ever seen Star Wars, I wish somebody would Jedi mind-trick me into forgetting the prequels and spinoffs and "special editions."

But now George Lucas has sold the franchise to Disney for more than the GDP of Swaziland (for real, I Googled it). And Mickey and Co. say they're going to make at least three more films, which means Star Wars geeks everywhere have new hope.

Much anger, fear, hate and suffering have we for Lucas. It's impossible to think of a creator of anything so popular who is more reviled than he is. Many geeks spit his name the same way NHL fans say "Gary Bettman," but Bettman didn't invent hockey. It's a unique situation.

500 years and counting



MUSEI VATICANI

Anniversary

Painting marks half-millennium

Today marks 500 years since the completion of one of the world's greatest artistic masterpieces, Michelangelo's Sistine Chapel ceiling.

To commemorate the half-millennium, Pope Benedict XIV has held a simple vespers prayer service, a repeat of the devotion to the finished ceiling by Pope Julius II in 1512.

The Vatican has warned it may eventually limit the number of visitors (now five million a year), with sweat, dust and carbon dioxide all contributing to the painting's slow decay. **METRO**

Conservation

Air conditioner to help preserve art

In an effort to purify the air inside the sacred site and protect the frescoes, a state-of-the-art air-conditioning system, which Vatican Museums director Antonio Paolucci claims is "the most advanced in the world," will be in place by the end of 2013. "My goal is the elimination of atmospheric pollution and I believe the new system will work very well," Paolucci said.

But the conservation has not been without criticism. "Until the last restoration (1980-90) the ceiling was in remarkably good condition for its age," Michael Daley, director at restoration group ArtWatch, told Metro. **METRO**

Sistine Chapel

- In 1475, the Sistine Chapel was commissioned by Pope Sixtus IV, from whom it gets its name. Since that time, Catholic cardinals have convened at the chapel in a papal conclave to elect a new pope.
- Michelangelo was accused of immorality and obscenity for depicting naked figures in a church. After his death, Church officials ordered another artist to paint loincloths over the offending genitalia.



The Creation of Adam is the most famous section of Michelangelo's Sistine Chapel. SEI VATICANI



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Should Jessica Biel be taking Justin Timberlake's last name?

50%
SURE, IF SHE
WANTS TO

17%
HE SHOULD
TAKE HER
NAME

33%
THEY SHOULD BE
MR. AND MRS. TIMBERBIEL

0%
NO, IT'S
OUTDATED
MISOGYNY



Twitter

@missnellymarie:

The days are shorter. You know what that means. Take more vit D supplements or run naked to Ottawa and back #winter #blues #makingitwork

tawa does better than Montreal. One is shawarma the other is street food.

@maatallii:

Perfect day to wear my seal skin purse in Ottawa. #Not #UrbanInukProblems

@jai_Morrison:

Glad to see I'm not the only kid in Ottawa to leave out the wrong recycling bin #ottciti #waste-management #soconfused

@celinechrista:

So James Franco is legit at Ryerson right now? Why am I in Ottawa again...?

@AtFCS:

Food wise there are 2 things Ot-

Are you a poet and you didn't even know it?

Capital Slam. Come and behold the power, intensity and creativity of this bi-weekly event around the city, and maybe even take to the stage yourself



BACKSTAGE PASS
Jen Traplin
ottawa@metronews.ca

On any given week here in Ottawa, you can witness the power of the poetry slam — a competition where poets perform their original works for the audience and judges.

Brad Morden is the Director of the Capital Poetry Collective, a group of volunteers who run various spoken-word shows around town.

Morden says the Ottawa slam scene is one of the biggest in the country.

"We have three distinct shows — Capital Slam, Urban Legends and Youth Slam — as well as a wide variety of regular spoken-word shows and open mics.

"The scene is incredibly diverse and, by nature, inclusive as anybody can sign up to share their poetry in any style they wish."

Rusty Priske, who refers to himself as one of the oldest slammers on the Ottawa scene, agrees.

"Ottawa has one of the deepest, most vibrant and active slam scenes in the country. Capital Slam has won the national championship twice, and Urban Legends has been on finals stage twice," he says.

A common misconception

Details

- **The where and when.** Capital Slam takes place at Mercury Lounge (56 ByWard Market Sq.) on the first and third Saturday of every month. The next event is on Saturday, November 3. Doors and slam sign-up are at 6:30 p.m. — cover is \$8 at the door and free for performers. All ages welcome.

tion is that the art form is called "slam poetry" when, in fact, there is no such thing.

"As any kind of poetry is welcome; there is no specific type of poetry called 'slam poetry,'" says Priske.

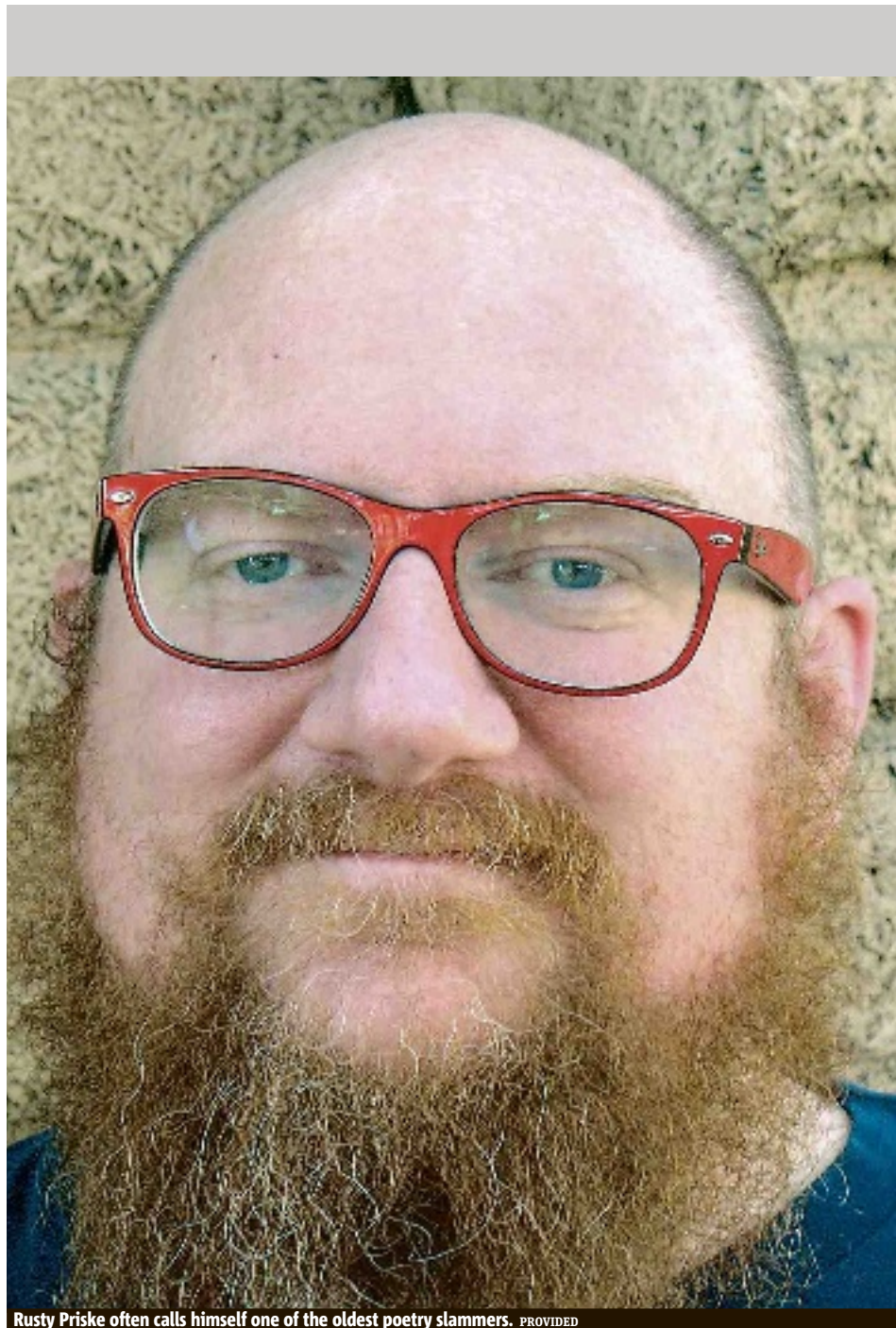
"What you tend to find at poetry slams are poems that have been written with the intention of being performed.

"That means theatrical elements may be present, but the common thread is that the way the poem is put together is meant to be heard in a dramatic fashion, rather than just read."

Both Priske and Morden encourage anyone who has ever been curious about poetry slams to at least check out a show and, if the mood strikes, perform an original piece.

"There are plenty of opportunities each month to see other poets perform or to climb up on stage yourself," says Morden.

"I have never done anything as scary and rewarding as getting on stage my first time to read a poem. It changed my life."



Rusty Priske often calls himself one of the oldest poetry slammers. PROVIDED

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Washington flies high with complex role

Flawed hero. Actor says making *Flight* was fulfilling a promise he made to an old, departed friend

NED EHRBAR
Metro World News in Hollywood

We at least now know how Denzel Washington would answer the age-old question of which super power it's better to have: invisibility or flight.

"I have a flying dream. I've had it for most of my life," Washington says, opening himself up to amateur dream interpreters everywhere.

"Somehow I always end up near the city and I go underneath bridges.

"And I would just work my way down, and I'd stay under them.

"Then I would have the other part of the dream, it would be this takeoff forever, and I would (be) like, 'Oh, I've got to stay below the street wires.' And then

I'm starting to go back up, but then, you know, I've got to get back below the wires. I don't know what it means."

Washington engages in a slightly different kind of flying in *Flight*, his latest film from director Robert Zemeckis.

In it, the Oscar-winner portrays a talented but troubled pilot who brazenly lands a malfunctioning plane with minimal casualties — but he happens to be coming off a booze- and cocaine-fueled bender at the time.

What unfolds is a man lauded as a hero and forced to face his demons at the same time.

The role was definitely a challenge for Washington — but then, he likes a challenge. "I wouldn't say it was easy," he says of playing out the turmoil of his character's life.

"But you're raw. It was just raw. Your nerves are raw."

And it certainly beats the alternative.

"You know, tough spots for me are pictures I don't

Quoted

"I wouldn't say it was easy. ... It was just raw. Your nerves are raw."

Denzel Washington on playing the role of a heroic, but flawed, pilot in *Flight*.

want to be on," he says.

"When the people say, 'What's the hardest part of a movie?' You know, if you're on a movie and it's like the third day and you go, 'How many days have we been shooting?' 'Like, three.' 'How many more have we got to go?' '117.' That's a tough movie for me, but this was an adventure."

As for what drew Washington to the project in the first place, it turns out making *Flight* was part of keeping a promise to an old, departed friend.

"My agent, the late Ed Limato, the last two scripts he gave me were *Flight* and *Safe House*," Washington explains.

"That was a part of it — a promise I made to him."

Plane-crash king. Director strove for realism in cinematic fall from the sky

With the upcoming release of the disaster film *Flight*, acclaimed director Robert Zemeckis can rightly seek the title of Hollywood's plane-crash king.

His latest drama begins with a terrifying catastrophe that sends crew and passengers see-sawing through the air as a routine trip goes horribly awry.

It was a complicated sequence that involved lots of computer-generated technology and meticulous planning, Zemeckis said during a stop in Toronto to promote the film. "All of those things that you use in movies," he said.

His last live-action film, *Cast Away*, also included a heart-stopping crash landing. The Tom Hanks survival epic features a FedEx plane tossed through the air by a violent storm until it plummets into the ocean.

In the years following that film's release, the aircraft's distinctive dive sparked intense online debate among pilots and aviation experts over the circumstances, staging and plausibility of such a crash.

Zemeckis, who won an Oscar for directing *Forrest Gump*, says he's hoping there's no eye-rolling over his latest big



Flight, directed by Robert Zemeckis, opens Friday. NATHAN DENETTE/THE CANADIAN PRESS

screen catastrophe in *Flight*. He said he strove for as much realism as possible.

"We have real pilots and experts vet all these ideas so we don't have anyone doing that," he said of picky eye-rollers.

Zemeckis added that the crash in *Flight* was based on an actual Alaska Airlines accident in 2000 that killed all 88 people on board.

Things turn out much differently in his fictional version.

It's not a spoiler to reveal

that most passengers survive thanks to the bold manoeuvres of a veteran pilot, played by Denzel Washington.

Washington's troubled character, Whip Whitaker, emerges a hero for averting disaster, but soon comes under scrutiny for the role he may have played nonetheless.

"I found the complexity of the character really intriguing, the way all the characters were shades of grey," Zemeckis said.

THE CANADIAN PRESS



Denzel Washington plays a talented — but troubled — pilot in *Flight*. HANDOUT

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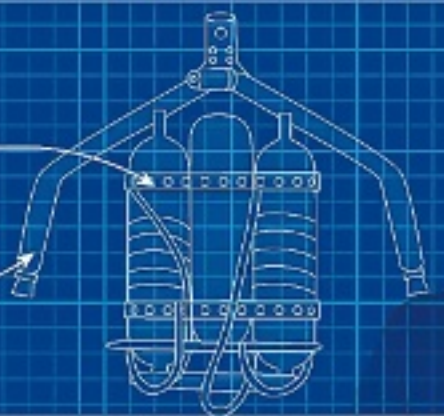
JET PACK
FROM Thunderball

YEAR
1965

ATTACH TO BACK AND
THEN PRESS BUTTON; FLY

THRUSTERS ALLOW FOR A
QUICK GETAWAY AFTER
KILLING SPECTRE AGENTS

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LOTUS ESPRIT
FROM The Spy Who Loved Me

YEAR
1977

HEADLIGHT
CONTAINS
CEMENT
BLASTER AND
MACHINE GUNS



IT'S SLEEK
AND SUAVE,
LIKE BOND

TV WATCH
FROM Octopussy

YEAR
1983

CATCH UP ON YOUR
FAVOURITE SHOWS
WHILE KILLING
SOMEONE

APPLE SHOULD SUE Q



**SONIC SINGLE DIGIT
AGITATOR RING**
FROM Die Another Day

YEAR
2002



TWIST AND IT
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HIGH FREQUENCY

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TEXT: MICHELLE CASTILLO; GRAPHIC: MIA KORAB; MWN



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Hollywood's leading men have a hairy conundrum facing them

Movember. Got beard? It may be the difference between a hit movie and the discount bin

MIKE
DOJC
scene@metronews.ca

To beard or not to beard, that is the whisker twirler confronting scores of stars looking to kick their careers into higher gear. Cultivating facial forestry can have a transformative effect on an actor, re-energizing their chi and forcing folks to see them in a new light. A baptism of fuzz may well be just what the barber ordered. At the very least, it'll prompt legions of fans to tweet their praises with a #beardgettingitdone or #gotbeard hashtag and that kind of social media hubbub is always a good thing for Hollywood players.

A hot meme in the geekier corners of the interweb, the theorem is predicated on Jonathan Frakes (Commander Riker) growing his out to start the second season of Star Trek the Next Generation, widely seen as the inflection point when the show went from mere impulse power to warp drive in one hairy intergalactic minute.

Years later, when

Counselor Troi shaves Riker midway through Star Trek: Insurrection during the sexy bathtub scene, the sci-fi staple entered terminal decline, where it would remain cold and lifeless until the J.J. Abrams 2009 reboot of the franchise.

Zach Galifianakis' career arc perfectly illustrates the beard as career elixir. While the outlandish comic had some success as a stand-up, his first major break was landing his own talk show on VH1 10 years ago. But Late Night World with Zach bombed and was cancelled after just a nine-week run. Could a contributing factor have been that Galifianakis was clean-shaven on the show? Post cancellation, Galifianakis disappeared from view.

"When you go from having your own talk show to doing stand-up in a bowling alley, you can react by getting mad or depressed, or by just going away, like people expect you to. I reacted by growing my beard," Galifianakis once told the New York Times.

Post shave-cation, full bearded Galifianakis suddenly had stage presence. He was not only way more recognizable, he also became an original, a humourist of repute, absolutely slaying audiences in The Hangover.

"Beards can be a great way

for an actor to change his public face and to reinvent a career," explains Dr. Allan Peterkin, a facial hair guru whose latest book One Thousand Mustaches: A Cultural History of the Mo hones in on

the above-the-lip hair strip.

The main caveat to the growing the beard trope is that the look has to suit the actor's face.

Otherwise, the follicular thicket may come off as a dis-

guise instead of a new guise as Jim Carrey, Anthony Hopkins and Joaquin Phoenix can all attest.

In 2005, Mel Gibson sported a diabolical salt-and-pepper growth, which bore a

pretty strong resemblance to the Unabomber's mug shot or a spider-hole era Saddam Hussein.

That unkempt extrusion certainly didn't do Gibson's waning career any favours.



The beard of Zach Galifianakis is the leader of the Wolf pack. HANDOUT



Jonathan Frakes' with beard: awesome.



Jonathan Frakes, back, without beard: boring



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f /NACDANCEDANSE CNA

Bayonets replace tanks in Assassin's Creed

Revolutionary War. Game determined to get it right—down to Washington's hair

Wars and video games seem to go together like peanut butter and jelly. But those games usually involve tanks and machine-guns and Tet offensives; not horses, bayonets and Bunker Hill.

Now, though, one of the biggest game releases of the upcoming holiday season is immersing players in the Revolutionary War.

Assassin's Creed III is due for release Tuesday, immersing players in Colonial America and the Revolutionary War.

In some ways, the game is meticulous with historical accuracy. Great attention was paid to research to recreate the cities of New York and Boston on a one-third scale. History profes-

sors were brought in as consultants.

In other ways, the game takes liberties with history. It integrates the Revolutionary War into the overarching story of Assassin's Creed, in which the secret society of the Knights Templar fills the role as the game's overarching villain.

Game creators were reluctant to reveal too many details in advance of the game's release. Review copies were not available in advance.

The game's creative director, Alex Hutchinson, said the ability to explore a historical era that has been largely left untouched by the gaming world was one of the most exciting aspects of the project.

As for Washington himself, Hutchinson said he wanted the game to portray the fact that for the man who would become the nation's first president, it was far from certain that America would win the war.

"He wasn't sure he was go-

ing to win," Hutchinson said. "When you read their letters, they were very uncertain for much of their time" how the war would turn out.

Francois Furstenberg, a history professor at the University of Montreal, who has written about the iconography that surrounds Washington, served as a consultant and said he was interested less in making sure names and dates were perfect, but more in the game's overarching narrative.

He said the game's creators shared his desire to depict the war in a nuanced way that avoided portraying one side as the good guys and vice versa.

"Anything that complicates the narrative is a good thing," he said. "If anything, I think they were more interested in sort of a muckraking account" of the revolution, something that agreed with Furstenberg.

The game's protagonist — Connor, half American Indian, Half British and not aligned with either side — served as a good vehicle for exploring the era in a way that avoids patriotic clichés, Hutchinson said.

Even where it sought to be realistic, the game's creators took a few liberties. Washington, for instance, is first introduced as a young officer serving under General Braddock in the French and Indian war. The game makers took great care to show the youthful Washington accurately, as a redhead. Looking at the finished product, though, they felt they ought to add a touch of grey to Washington's hair, to more closely match the iconic image of Washington held by the public.

"We did not know how odd it is to see a red-headed George Washington," Hutchinson said.

THE ASSOCIATED PRESS

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Paris LAS VEGAS

Line-up subject to change.



This undated handout image provided by Ubisoft shows a scene from the game *The Tyranny of King Washington*. UBISOFT/THE ASSOCIATED PRESS

George Washington

Exploring his life

At George Washington's Mount Vernon estate, curators are happy that the game will introduce so many kids to Washington and the Founding Fathers and hopefully get them thinking about history.

"I would love for people to focus on exactly the incredible choice Washington made to relinquish power," said Carol Cadou, senior curator at Mount Vernon, even if the vehicle for prompting that

discussion is a game that contorts and creates an alternate reality.

Historical figures certainly make appearances in some video games, but rarely from historical eras and rarely in a setting devoted to realism. The popular game *Call of Duty: Black Ops*, for instance, features John F. Kennedy, Fidel Castro, Richard Nixon and former Defence Secretary Robert McNamara. But in the game, the four of them team up to defeat an onslaught of zombies at the Pentagon.



Russell Brand. ALL PHOTOS GETTY IMAGES

Russell Brand dispensing sage advice to celebrities

Russell Brand, who is something of an expert when it comes to facing problems with drugs and alcohol, could offer troubled starlet Lindsay Lohan some pretty valuable advice, but he's saving it for Lohan herself.

"If I did have (advice), I'd give it to her directly," Brand tells Hollyscoop. "Lindsay, I don't suppose you got a phone or any-

thing."

And while he waits for her contact info, the former addict does have some advice for stars who don't necessarily need rehab treatment.

"If they don't have a problem with drugs or alcohol, they should drink a lot and take lots of drugs and enjoy themselves," he says.



Justin Bieber

Stop the presses! Justin Bieber has a hamster

Justin Bieber likes to keep things interesting while on the road, and keeping things interesting apparently involves carting around a pet hamster named Pac.

"This is Pac the hamster, my new Believe Tour pet," Bieber says in a post to Twitter that includes a photo of the tiny rodent. "I will bring him to every meet-and-greet."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Miley Cyrus to have three weddings across planet

Miley Cyrus is reportedly planning to go all out when she marries fiancé Liam Hemsworth, celebrating with three lavish weddings around the globe, according to Star

magazine. Cyrus and Hemsworth, who announced their engagement in June, are said to be planning separate ceremonies in Los Angeles, her native Tennessee and his hometown of Melbourne, Australia. All three ceremonies will reportedly take place next year — with a different wedding dress for each — and Cyrus had reportedly budgeted \$1 million for the endeavor.

Twitter



@katyperry

I'm starting to rationalize with Domsday preppers. *whistles a particular REM song*



@billmaher

Looking forward to James Bond movie; Obama's like him cuz he's cool, has license to kill; and Mitt's like him cuz he's been 6 different guys



@realjaclynsmith

An honest person is a person who can play chess on the phone.



@SteveMartinToGo

Even though we've had to cancel all the shows due to the storm, in an unprecedented move, we are going to keep all the ticket money.



Gene Hackman

Don't mess with Gene Hackman

Gene Hackman reportedly slapped a homeless man who had accosted Hackman and his wife, Betsy Arakawa, outside a restaurant in New Mexico, according to TMZ.

The man, Bruce Becker, reportedly approached the couple as they were leaving the restaurant, and an argument ensued, culminating with Becker insulting Arakawa and Hackman defending himself by striking Becker. The police were called but no charges were made against Hackman, as it was determined he acted in self-defence. His rep did not respond to a request for comment.

bug beauty

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Going out on a Lim: A Reitmans-Martin mash-up

Power couple.

Metro gabs with dynamite design duo Martin Lim and their Reitmans collaborator Brigitte Martin about inspiration, comfort and accessibility in fashion

BRIGITTE
NOËL

life@metronews.ca

Montreal-based design duo Martin Lim has wasted no time becoming a recognizable name in the Canadian fashion industry. With a mere four collections under its belt, the nascent label has already garnered critical acclaim and won the prestigious Mercedes-Benz Start Up program. Now, the designer power-couple of Danielle Martin and Pao Lim are collaborating with Reitmans on a capsule collection of 10 dresses.

So how did this collaboration start?

Brigitte Martin (Reitmans merchandise manager): When we were in Toronto last year, (Martin Lim) were showing and they really were loved by the public, so they were on our radar. We weren't sure who they were, we thought it was one person. We wanted to meet them and when we did, it was even more than we expected.

Pao Lim: We were excited by the news, the first meeting just fit. We were surprised, because we're a relatively young business.

So how did it go from there?

Brigitte: They weren't sure if at first they should come up with new ideas, but I said no, we love what we've seen so far, that's the real DNA of Martin Lim. I don't know if it was so clear for you what your DNA was for us?

Danielle Martin: Somehow yes and no. If we love something we just make it, we don't think, "is it our DNA or not?" But when we had to create the collection here, we really had to think, OK, what is Martin Lim about, what is significant in our style?

Pao: It's a very concise collection, so every dress has to be recognizable. It's more of a challenge for us.

You used some quite interesting elements, some vegan leather, even neoprene.



Husband and wife business team Danielle Martin and Pao Lim. PROVIDED

Let's hear it for the boys

Ladies, while you're shopping for the best of the dresses, do a good deed and give a thought to your man's duds. Tip Top Tailors provides you with everything you need to know to get him perfectly suited up this season:

- **What black was, blue is.** And grey for that matter. While he can still wear his black suit, it's time to lead him toward charcoal grey or mid-blues, both of which are now looking very sophisticated.
- **It's all about the fit.** And the fit is changing. Men's suits and sports jackets are a little

leaner even if he isn't! You may have to lead him toward a suit that fits as close to the body as he's comfortable with. But don't confuse this with tight — he needs to look at ease in it.

- **They're back and they're back big!** Sports jackets, dormant these last few years, are looking terrific and they're perfect for business. Fabrics are lush (think suede and velvet), colours range from rich to muted. He can be a bit bolder here than he might be with a suit as long as he pairs it with a neutral pant.

Pao: We bound two fabrics together to have that neoprene look: we use silk and we bind it to jersey to have that comfort.

Brigitte: It's the mix of all the fabrics that was a surprise for us. Without intending to, their signature touches came through. The first ideas they drew were the bodycon shift dresses. They were doing a plus and a petite also ... Danielle has an interesting way of talking about plus, she calls it "épanouie," which is a blossom.

Danielle: Pao wanted a bodycon dress for the plus sizes, he wanted to have the shape and the curves.

Pao: Yes, it glorifies the woman

curve. Very often, when people design plus sizes, they tend to try to cover the body. We say, why hide?

Danielle: I really like to use the silhouette to attract le regard to the décolleté, to the front. For a petite, (the dress) just elongates the legs. The waist is slightly higher. You can wear it with a jacket, or without, or go to dinner.

From office to party!

Brigitte: Yes! That was the versatility we were looking for, that's sort of part of our brand platform — versatile and comfortable. That's not what you think when you see this collection.

Show off your shape

"Very often, when people design plus sizes, they tend to try to cover the body. We say, why hide?"

Pao Lim
Co-creator of Martin Lim

(Comfort) wasn't the ultimate goal at the beginning, but it wound up working very well.

Danielle: I have to see if I can sit, if I can walk, if I can live in my clothes.

How did you imagine women feeling in these clothes?

Danielle: When we create, we always think about different women — women we know, women we see on TV, friends of ours.

Pao: It's a combination of different personalities, different characters. Every season, we give names to dresses — I think it's very interesting when you give names to clothes because you really picture somebody wearing it.

Danielle: It gives it a personality, so you can get more attached to your garment.

THE MARTIN LIM FOR REITMANS COLLECTION IS AVAILABLE ONLINE ON NOV. 1 AND IN SELECT STORES ON NOV. 2.

Three to compare

LIMI

It's a mixing of texture, the bonding of the shine with the knit, and the injection of colour on top. It just lifts you.

- Brigitte Martin, Reitmans



BIJOUX

It's just a nice, easy, timeless dress in terms of the way that it moves with you and you can keep it forever.

- Brigitte Martin, Reitmans



MARIA

I really like to use the silhouette to attract "le regard," to the décolleté, to the front, with that green piece.

-Danielle Martin, Martin Lim



Editor's picks

Clarins Revitalizing Gel

\$48, clarins.ca



L'Oreal Paris Hydra-Energetic Ice Cold Eye Roller

\$16.99, lorealparis.ca



L'Oreal Paris Hydra-Energetic Magnetic Charcoal Cleanser

\$12.99, lorealparis.ca



Gillette Fusion ProGlide Styler

\$26.99, gillette.com



On taming the facial tiger

Get in your face!

Maintaining your money-makin' mo' is as easy as taking a few moments to embrace that beautiful face

It used to be significant others only who would dread the hockey playoff season when it came time to deal with unruly facial hair. Now the once-a-year beard blitz is a double whammy thanks to Movember. Still, there is no reason that 'stache can't be stylish — and well-pruned. We have a few pieces of advice to get you and mo' through the next 30 days.

Keep it neat

Boys, if you don't own a trimmer, we suggest you get one — either that or learn how to use tweezers without flinching. Think of your 'stache as an eyebrow. Get rid of any wayward follicles and smooth down those strays. Be creative with the look,

and keep the rest of your face well shaved to draw the eye toward your fundraising endeavor.

Glow time

So what if your 'stache does look a bit more caterpillar creepy than cultured? Caring for your skin will help distract attention from your upper lip. We recommend a good moisturizer and facial toner that will awaken your pores and keep your skin looking healthy throughout the month. And don't forget your eyes. An eye roller will refresh any signs of fatigue like under-eye circles or darkness.

Work the 'do

If you are not as efficient as other guys when it comes to facial hair growth, or are just worried about an overall unkempt look, splurge on a haircut to balance out the look. The good cut will help to keep you looking dapper no matter what is taking place below your nose.

METRO



Don't blame us if you're caught relishing in your own reflection once or twice this month. iSTOCK

Stepping out with the 'stache

In recognition of Movember, TOMS is offering shoes in two different styles featuring the signature moustache

- A portion of the proceeds goes to Movember, and, like

all TOMS shoes, with every pair purchased a pair is given to a child in need.

- Check out toms.ca/movember for more.



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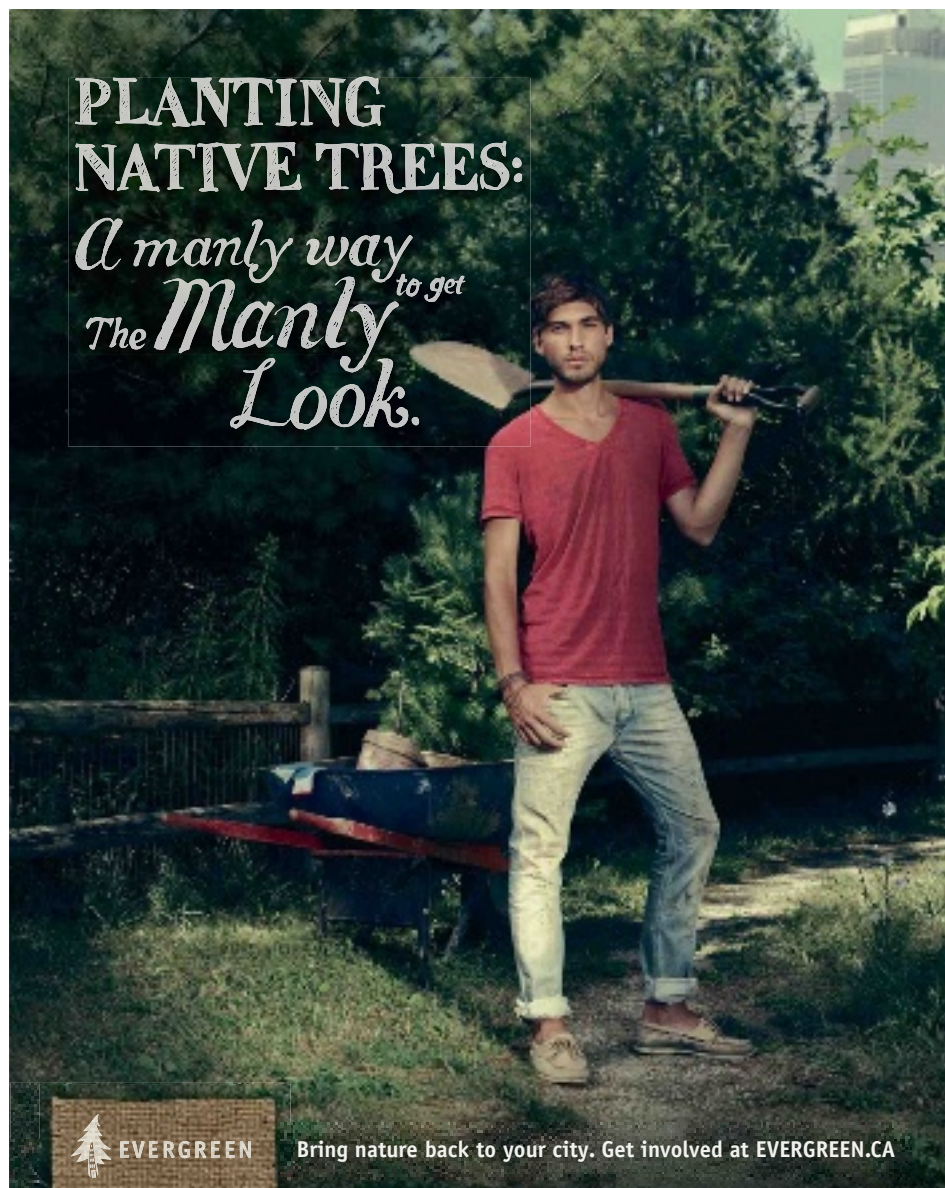
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DESIGN CENTRE
Karl Lohnes
home@metronews.ca

Updating your place can be done quickly and inexpensively by shaking up your accessories.

With fall settled in and winter on its way, adding a few trend-setting home comforts will help give your rooms a boost.

What's hot for fall/winter is bold patterns and strong colours.

Here's a primer as to what changes will give you the biggest bang for your buck.



Modular carpet tiles are a great way to add creativity to an entrance. [FLOR.COM](http://flor.com)

Front Entrance

Here's your chance to create a stylish welcome with something that is not only attractive, but useful. A series of modular carpet tiles can be arranged to fit any entrance and the design/colour choices are endless. They are usually made of synthetic, durable low-weave carpeting pieces, so are flat enough to slide under existing closet hall doors and simply stick in place to the floor with safety tape. Other ways to add pizzazz to your front entrance: a new pendant light, a wall hung mirror, or simply paint the inside of your door a fashionable colour. Remembrance carpet tiles, flor.com



Liven up your bedroom with bright bedding sets. [URBANOUTFITTERS.COM](http://urbanoutfitters.com)

Bedding

The bed is the largest piece of furniture in the bedroom, so making a seasonal change with bedding means changing a large part of the room. Try to include colours that already exist in the bedroom so that your new bedding blends with the entire room's decor scheme. Don't forget the designer details such as a co-ordinating bedskirt, pillow shams and a decorative top blanket. Other ways to liven up your bedroom: add stationary drapery panels on each side of the window, paint the wall behind the bed a fashionable colour or add a new upholstered headboard. Paper Medallion bedding, urbanoutfitters.com



Consider pillows to be artwork for the sofa. [POTTERYBARN.COM](http://potterybarn.com)

Living room

For most good decorators, the colour of the sofa is neutral, which means injecting some colourful pillows isn't that difficult. Wondering where to find inspiration for your new pillows? Look no further than a great colour in your artwork or area rug to create a pulled-together room. Other ways to decorate your living room: a new area rug, lampshades or a cosy throw will all help to take your room from boring to fabulous for just a few dollars and in just minutes. Suzani embroidered pillow cover, potterybarn.com

Cleaning wine glasses without soapy residue

A friend of mine who loves fine wine recently told me that you should never use dish soap to clean expensive wine glasses. Is this true? If so, how do you get them really clean?



CHARLES THE BUTLER
askcharlesthebutler@metronews.ca
For more, visit charlesmacpherson.com

I've heard this theory as well. They say that when you wash a glass with dish soap — no mat-

ter what kind of dish soap — there is always a good chance that a small amount of the soap residue is left inside the glass and that when you pour the wine into the glass it will affect both the taste and enjoyment of the drink.

I've done some investigating and some manufacturers, such as Riedel crystal, who specialize in wine glasses, agree with this theory. So how do we deal with this? The recommended way to clean this type of glassware is first to rinse the wine glass-

es under the tap with lots of warm running water, then with steam, such as over a steaming pot on the stove. The steam does two things. First, it will disinfect the glass and secondly it helps ensure no spots of any kind are left. Once the glass has been steamed, a good, dry linen or cotton dishtowel is ideal to dry it, leaving the glass spot free and with a beautiful shine.

CHARLES THE BUTLER IS PROUD TO ANNOUNCE THAT THE CHARLES MACPHERSON ACADEMY WAS AWARDED THE PRESTIGIOUS EDUCATOR OF THE YEAR AWARD!



There is always a chance that soap residue is left inside the wine glass after cleaning. You don't want to affect the enjoyment of your expensive wine! [ISTOCK IMAGES](http://istockimages.com)



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▼ SCAN ME ▼






Trying to turn a new home into your own is a big task. ISTOCK IMAGES

Choosing your colour scheme

DIY ideas. Whether you're bored with your space or ready for a redesign, choosing a colour scheme can be an intimidating task

Follow these tips to get started:

1. Formal areas first

Start with rooms like the living room, dining room or entrance way and ensure that the rest of your home follows their lead.

This could mean using different tones of the same colours in additional rooms or one of the colours in different accents elsewhere.

2. Follow nature

Outside, darker tones lie below your feet while the lightest colours are above you.

Follow this pattern in your own home, from floors to ceiling.

3. Use what you have

Look around the room for the largest pattern, this could be the drapery or an upholstered piece of furniture. Use this pattern as the basis for your colour palette, pulling colours that you like out of the overall pattern, including any neutrals.

4. Shots of colour

Use an accent colour — the strongest colour you have chosen — in the least amount in the room.

This could mean adding it through throw pillows or even flower arrangements. The walls should be the majority of a neutral colour, with furniture pulling in the secondary colour choice.

5. Pay attention to architecture

Follow the style and period of your home when choosing colours, as well as the size of the rooms. Make small rooms feel cozy by choosing darker colours, and large rooms feel light

and airy with bright neutrals.

6. Use black

No matter what colour palette you choose, always try to incorporate black in some way into the room. Black will make the colours pop and tie everything together.

7. Look good in your home

Just as you choose clothes in colours that flatter you, do the same for the colours in your home.

8. Stay true to personal taste

The most important thing to remember when choosing a colour palette is to pick colours that you like. When you are passionate about the design in your home, others will respect that. The best way to decorate is with your own personality.

TO GET MORE INSPIRATION FOR YOUR HOME, WATCH BROTHERS TERRY AND JON WITTMACK AS THEY RUN THEIR HOME IMPROVEMENT BUSINESS IN BROTHERS ON CALL, AIRING TUESDAYS AT 9 P.M. ET/PT ON DIY NETWORK CANADA

Biodegradable

Stoop and scoop the green way

Are biodegradable doggie-poop bags actually greener?

-Allison, at the dog park



QUEEN OF GREEN
Tovah Paglaro
green@metronews.ca

Choosing to bag Fido's business in a biodegradable poop bag is absolutely the green choice. Given the correct conditions, biodegradable poop bags will perform as promised.

Here's the hitch. The conditions in landfills are anything but correct. In most landfills, conditions prevent organic material from decomposing. Furthermore, poop in landfills leads to water contamination and methane gas production, which is why most landfills actually have a no-feces (dog or otherwise) policy.

So the question isn't one of wrapping — choose the green bags — but one of disposal.

First of all, do pick up the

dog poop! Short of the gross factor, the big problems with leaving the poop to nature in high-density areas are:

- Dog poop is carried by storm water directly into waterways, where it causes bacterial contamination.
- It's nitrogen-rich so it depletes oxygen levels, hurting fish and other wildlife.

There are responsible ways to keep the doggie-doo out of the landfill and to make sure those biodegradable poop bags have a chance to work their magic.

- Compost the poop.
- Flush the poop.

If your knee-jerk reaction to dog-poop compost is less than sunny, it's time to reconsider. With proper set-up, composting yields rich soil and safely returns the poop to the earth. Popular home composting methods include:

- A compost pit — About one metre deep by one metre wide, with a cover.
- Dog poop compost bins — available at pet stores and garden centres.
- Vermicompost — gross, sure! But it works.

Dog-waste compost should be kept separate from other compost and is best used on ornamental — not edible — gardens.



Not cleaning up after your dog can have negative impacts on the environment. ISTOCK IMAGES

Prefer to flush the poop? Biodegradable — but not compostable or degradable — baggies can be flushed, making it simple to send your dog's poop down the pipes. Just be sure to check with your municipality to ensure the sewage system can handle the grit.

Compostable bags require the heat of a compost pile to break down, so they cannot be flushed. And beware of the word degradable (as opposed to biodegradable) which refers to formulated polythene. Polythene bags will fragment, not biodegrade, leaving tiny bits of plastic in the water.



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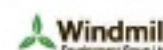
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Worried about your sushi rolling skills? No need with these squares



ROSE REISMAN
for more, visit
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My corporate clients vote this their favourite appetizer. It's the perfect solution for those who shy away from sushi because of concern about eating raw fish.

The key is cooking the sushi rice properly. I always use a water-to-rice ratio of one-to-one, never stir the rice, and keep it covered even when it's cooling — using a rice cooker is easy, since it can never go wrong. You can find rice wine vinegar already flavoured for sushi, so you don't have to add any sugar. Nori is available in good quality supermarkets and Asian food shops.

1. Combine the rice and water in a saucepan. Bring to a boil and boil for 1 minute. Reduce the heat to low, cover and cook for 12 minutes. Remove from the heat and let stand, covered, for 10 minutes.

2. While the rice cooks, combine the vinegar and sugar in a small saucepan. Bring to a boil, stirring to dissolve the sugar. Remove from the heat.

3. Turn the rice out into a large bowl. Stir in the vinegar and sugar mixture. Cool just until the rice no longer feels hot. Don't let the rice get cold or it will dry out.

4. Line an 8-inch-square baking dish with plastic wrap. Cover the bottom with the cucumber slices. Lay the smoked salmon over top. Mix the mayonnaise and wasabi together and spread over the salmon.

5. Place half of the rice over the mayonnaise. Pat it firmly to an even thickness, dipping your fingers in water to prevent the rice from sticking to your hands. Top with the nori. Add the remaining rice, patting it firmly to an even thickness.

6. Invert onto a serving platter and cut into 16 pieces. Sprinkle with the sesame seeds. Serve immediately, or cover with plastic wrap and refrigerate for up to 8 hours. Serve at room temperature, garnished with soy sauce, wasabi and pickled ginger, if desired.

ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS) BY ROSE REISMAN

Ingredients

- 2 cups sushi rice
- 2 cups water
- 1/4 cup rice wine vinegar
- 1 tbsp granulated sugar
- 16 thin slices English cucumber (unpeeled)
- 4 oz smoked salmon
- 1 tbsp light mayonnaise
- 1/2 tsp wasabi (Japanese horseradish)
- 1 sheet nori (dried seaweed)
- 1 tsp sesame seeds, toasted
- low-sodium soy sauce, wasabi and pickled ginger (optional)

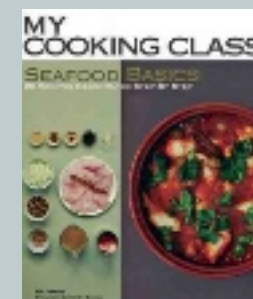
Smoked Salmon Sushi Squares



This recipe makes 16 servings. LORELLA ZANETTI, FROM ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS)

Cookbook of the Week

Dive into the sea



With step-by-step photo directions and 86 recipes, *My Cooking Class: Seafood Basics* by Abi Fawcett is your guide to mastering seafood. Tutorials demonstrate basic techniques such as filleting a cooked round fish and butterflying shrimp, and concise instructions remind cooks of the do's and don'ts of handling seafood.

Seafood Basics is divided into eight chapters and includes recipes such as: Classic Fish Stew, Crab Bisque, Moroccan Fish Tagine, Louisiana Seafood Gumbo, Saltencrusted Sea Bass, Fresh Fish Pizza, Creamed Clam Linguine, Quick Monkfish Curry, Maryland Crab Cakes, Lobster with Cayenne, Stuffed Baked Squid and Spanish Seafood Paella. **METRO**

Salmon & Gouda Burgers. Fancy fare, casual dinner



These salmon and Gouda burgers would dress up a casual occasion. They can be baked in the oven for easy preparation.

1. With sharp knife or food processor, chop salmon finely.

2. Heat oven to 220 C (425 F). In bowl, place all ingredients, except buns and garnishes. Season to taste and combine.

Divide preparation into 4 to 6 parts and shape into patties. Place patties on parchment-lined baking sheet on centre rack of oven. Cook burgers for 15 minutes, turning over once.

3. Heat buns and place burgers on them. Garnish with mayonnaise, carrots and cucumbers.

THE CANADIAN PRESS/ DAIRY FARMERS OF CANADA

Ingredients

Salmon and Gouda Burgers

- 650 g (1 1/3 lb) skinless, boneless salmon fillet
- 1 clove garlic, chopped
- 3 green onions, chopped
- 10 ml (2 tsp) finely chopped ginger root
- 5 to 10 ml (1 to 2 tsp) sesame seed oil, to taste
- 30 ml (2 tbsp) soy sauce
- 30 ml (2 tbsp) chopped fresh coriander

- 1 egg
- 150 ml (2/3 cup) panko crumbs
- 90 to 125 g (3 to 4 oz) Gouda cheese, finely diced
- Ground pepper, to taste
- 4 to 6 small sesame seed burger buns

Garnishes

- 50 ml (1/4 cup) mayonnaise
- 125 ml (1/2 cup) grated carrots
- 24 thin cucumber slices

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SPECIAL INFORMATION FEATURE

Dear Debbie. Answering your questions about wine

DEBBIE
TRENHOLM
For Metro

I recently organized a private bus tour to Prince Edward County for a corporate client, where we spent the day touring the back roads of "The County" — Canada's fastest growing wine region. I was asked many interesting questions that I am sharing with you in a "Dear Abby" format. If you have a wine related question that you have always wondered about, send me an email to cheers@savvycompany.ca.

Dear Debbie: Oops! I put a bottle of white wine in the freezer section and forgot it. Is it still OK to drink?

ACCIDENTALLY FROZEN

Dear Accidentally Frozen: I have done this several times when I was in a rush to chill a bottle of white wine. Not the best way to do it, yet rest assured that while slushy, the wine is still drinkable. I recommend to let it thaw out in the fridge, then enjoy. If your glass frosts up, then the wine

is still too cold. Let it warm up at room temperature for a bit. P.S. It is neat to take a sip once in a while to taste how the wine changes as it warms up. My experience is that the wine initially tastes watery, then starts to take on flavours, aromas and then acidity arrives.

Dear Debbie: I have seen at wine tastings that some people spit their wines. Why?

SHY SPITTER

Dear Shy Spitter: Sommeliers do it all the time. By spitting, it allows you to taste more wines without the alcohol taking its toll. When you go to the Ottawa Wine and Food Festival (Nov. 9-11, ottawawineand-foodshow.com), wineries will provide a spittoon or bucket at each booth. If it isn't there, don't be shy and ask for it.

Dear Debbie: What is a taste and buy event?

CURIOUS SHOPPER

Dear Curious Shopper: Wine is one of the few products that you don't often have the opportunity to taste before

you purchase at the store. You can try on a sweater or flip through a book before you go to the cash register. Savvy Company frequently hosts taste and buy events where numerous wineries offer samples of their wines and you can order directly from the winery. Your order will be delivered to your home or office in a matter of a few days. Savvy Company's next taste and buy features Ontario wineries and craft breweries on Nov. 8. For more details and to buy your ticket, go to savvycompany.ca/events.

Dear Debbie: What is a cooper?

WOODEN HEAD

Dear Wooden Head: It is the name for a tradesperson who makes barrels. This craft is truly an art, combining different shapes of wood staves, heat and humidity to create an airtight vessel to age wine, beer, grappa, spirits, and wine vinegars, too. The only cooper that I have met in my travels is Pete Bradford, who is a self-taught cooper and owner of Carriage House Cooperage.



Melissa proudly presents Muskoka Twice As Mad Tom Double IPA, which will be available on tap today at Sir John A's Pub (284 Elgin St.). JEFF O'REILLY/FOR METRO

Double up on Madness

Muskoka Brewery. Twice As Mad Tom Double IPA hits the LCBO shelves today



JEFF
O'REILLY
For Metro

When Muskoka launched its celebrated Mad Tom India Pale Ale last year it took a lot of people by surprise, with huge, hop forward aromas and robust grapefruit and pine resin flavours. It quickly became a pub favourite, along with wide distribution in LCBOs and Beer Stores, so when I heard that Muskoka was quietly developing a follow-up beer I wondered if lightning could strike twice.

Mad Tom was definitely the right beer at the right time. IPAs were super hot and this beer just seemed to capture people's imagination,

being a bigger and bolder alternative to what was out there. With a mandate to "venture off the beaten path," how could Muskoka possibly take this a step further?

Well, simply put, why turn it up to 11 when you could simply "double" it? "Double IPAs" are not necessarily uncommon, but this will be the first time that an Ontario craft brewer will be releasing one to such a wide audience, with year round distribution in bottles and a very limited release on tap (Sir John A's, The Arrow + Loon and Pub Italia are currently the only confirmed Ottawa locations). This Imperial IPA boasts three different malted barley and five hop varieties (Millennium, Chinook, Cascade, Columbus and Aurora) that see an aggressive dry-hopping in two aging stages — the first for seven days and then a second round of hops added for an additional four-day stage.

Twice As Mad Tom Double IPA (8.4 per cent alcohol by volume, 71 IBUs, 4x355 ml

bottles, \$12.95 LCBO) pours a glowing, copper orange with frothy tan head. Familiar grapefruit/citrus and pine aromas are immediately noticed but have a more muted and earthier quality. Signature grapefruit and resinous flavours seem deeper and more complex, nicely balancing off against rich toffee and a warm woodiness in a much rounder complex flavour profile that sees a brighter orange citrus fruity sweetness dancing with a friendly lingering bitterness that prevails till the end. The mouth feel is moderately carbonated, medium-bodied and slightly creamy with a long finish.

This beer does exactly what it was meant to do. Rather than replace its predecessor, it is a great complement that shows a more mature, subtle and complex approach.

It should be tasted alone and beside the original to enjoy the comparison. Thanks Muskoka — Twice As Mad has left me twice as glad.

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Building hallowed ground in the City by the Bay?

MLB. Giants brass talk dynasty amidst World Series celebration

San Francisco Giants CEO Larry Baer wants to add more World Series championships to the two his franchise has captured the past three seasons.

Why not build a baseball dynasty in the Bay Area?

Baer said Wednesday the front office is already hard at work beginning plans for the 2013 roster — and he is optimistic many familiar faces will stick around, including second baseman and NL championship series MVP Marco Scutaro.

"Nobody thinks we should be done," Baer said. "I think we want to get lots of people back, and he's one of them.... My favourite sign was 'San Francisco, Happiest Place on Earth.' That's how we all feel about this. That's what the goal is."

National League West champion San Francisco completed a four-game sweep of the Detroit Tigers on Sunday night. The Giants and the city celebrated with an orange-and-black parade through downtown Wednesday.

General manager Brian

Quoted



"I want 15 years, three thousand million dollars."

Free agent second baseman Marco Scutaro, joking when asked Wednesday what it would take to bring him back to San Francisco

Sabeian called it a priority to re-sign Scutaro, centre fielder Angel Pagan and left-handed reliever Jeremy Affeldt. So far, he said, his staff has spoken only "informally" about what's next as everyone wanted to get through Wednesday's festivities before starting in earnest.

Scutaro, who celebrated his 37th birthday Tuesday and then partied with his teammates a day later before they part ways for the winter, said it's a no-brainer he would like to return.

"What a question. Of course I want to come back," Scutaro said. "Sometimes there are decisions you can't control. I don't know what they're thinking, what other teams are thinking. I just have to wait. The only thing I can say is I hope everything works out because I want to come back here."

THE ASSOCIATED PRESS



Fans line Market Street in San Francisco on Wednesday to celebrate the Giants' World Series championship. EZRA SHAW/GETTY IMAGES

Championship support

Giants share love with fans

Orange-and-black-clad hordes flooded the streets of San Francisco on Wednesday for a ticker-tape parade celebrating the World Series champion Giants — a Halloween treat made even sweeter as a repeat performance from 2010.

Tens of thousands of people decked out in the team's holiday-appropriate colours stood 30-deep behind barriers, climbed trees and mounted rooftops along the city's main commercial street to watch their favourite players wave from convertibles.

"The support they gave us was unwavering," Giants manager Bruce Bochy said of the fans.

"Even when we were six to seven games back, they kept filling the park," he added. "They never gave up on us. They are like part of the club."

THE ASSOCIATED PRESS

Pacers rip win from Raptors' grasp



Pacers Tyler Hansbrough and Paul George battle for the ball with Raptors centre Jonas Valanciunas on Wednesday in Toronto. NATHAN DENETTE/THE CANADIAN PRESS

David West scored 14 of his 25 points in the fourth quarter Wednesday as the Indiana Pacers edged Toronto 90-88, spoiling what had been a thrilling Raptors' regular-season opener at Air Canada Centre.

Kyle Lowry scored 21 points, while Jonas Valanciunas had 12 points and 10 rebounds in his NBA debut for the new-look Raptors.

Five Raptors scored in double figures as Andrea Bargnani added 16, Jose Calderon finished with 15, and DeMar DeRozan finished with 10.

Roy Hibbert and Paul George added 14 apiece for the Pacers.

The Raptors took a 71-63

Opening night

90 88

Pacers

Raptors

lead into the fourth quarter of nailbiting see-saw battle that featured 15 lead changes to that point. But some major defensive lapses left a wide-open West draining shot after shot in the final few minutes, with his basket with 1:20 left pulling the visitors to within 88-87.

THE CANADIAN PRESS

Raptors swing a deal

The Raptors agreed on a contract extension with forward DeMar DeRozan ahead of Wednesday's midnight deadline.

- According to sources, the 23-year-old agreed to terms on a four-year deal worth \$38 million.
- DeRozan played in 63 games last season, averaging 16.7 points, two assists and 3.3 rebounds per game.

Tennis

Raonic tops Chardy in Paris

Canadian Milos Raonic reached the third round of the Paris Masters with a 6-7(4), 7-6(4), 6-3 win over Jeremy Chardy on Wednesday. Raonic kept his hopes alive for a late spot at the World Tour Finals in London. THE CANADIAN PRESS

NBA

Harden signs 5-year deal with Rockets

James Harden agreed to a five-year, \$80-million contract with the Houston Rockets on Wednesday.

The Rockets acquired the reigning Sixth Man of the Year in a stunning trade with Oklahoma City on Saturday night. Harden was expected

to start in Houston's season opener against the Pistons in Detroit on Wednesday night.

Rockets general manager Daryl Morey called Harden a "foundational player" at his introductory press conference this week. He'll become the featured player in Houston after three seasons playing behind Kevin Durant and Russell Westbrook in Oklahoma City.

THE ASSOCIATED PRESS



New Rockets guard James Harden. THE ASSOCIATED PRESS FILE

MLB

Oliver, Davis back with Jays

The Toronto Blue Jays exercised the \$3-million US club option on left-hander Darren Oliver's contract Wednesday and signed outfielder Rajai Davis to a \$2.5-million, one-year deal.

THE CANADIAN PRESS

SOCCER MLS

WILD CARDS

Wednesday's result

Houston at Chicago,

Thursday's game

Vancouver at Los Angeles, 10:30 p.m.

ENGLAND

LEAGUE CUP

FOURTH ROUND

Yesterday's results

Chelsea 5 Manchester United 4 (AET)

Liverpool 1 Swansea 3

Norwich 2 Tottenham 1

GERMANY

GERMAN CUP

SECOND ROUND

Yesterday's results

Karlsruher SC 1 Duisburg 0

Arminia Bielefeld 2 Bayer Leverkusen 3 (AET)

Kickers Offenbach 2 Union Berlin 0

Stuttgart 3 St. Pauli 0

Bayern Munich 4 Kaiserslautern 0

Wolfsburg 2 FSV Frankfurt 0

Fortuna Duesseldorf 1 Borussia

Moenchengladbach 0 (AET)

Hannover 1 Dynamo Dresden 1 AET

(Hannover wins 4-3 on penalties)

ITALY

SERIE A

Yesterday's results

Atalanta 1 Napoli 0

Cagliari 4 Siena 2

Chievo 2 Pescara 0

Inter Milan 3 Sampdoria 2

Juventus 2 Bologna 1

Lazio 1 Torino 1

Parma 3 Roma 2

Udinese 2 Catania 2

SCOTLAND

LEAGUE CUP

Yesterday's results

Dundee United 1 Hearts 1

(Hearts won 5-4 on penalty kicks)

The Rangers FC 0 Inverness C.T.F.C 3

SPAIN

COPA DEL REY

FIRST ROUND

Yesterday's results

Real Jaen 1 Atletico de Madrid 3

Cacereno 3 Malaga 4

Las Palmas 1 Rayo Vallecano 0

Almeria 2 Celta 0

Zaragoza 1 Granada 0

Alcoyano 1 Real Madrid 4

SWEDEN

ALLSVENSKANLIGA

Yesterday's results

Djurgardens IF FF 1 Syrianska FC 1

Helsingborgs IF 2 IFK Goteborg 0

Kalmar FF 0 IFK Norrkoping 2

TENNIS

WTA

QATAR AIRWAYS TOURNA- MENT OF CHAMPIONS

At Sofia, Bulgaria

Round Robin

Singles

Serdika Group

Caroline Wozniacki (1), Denmark, def. Rober-

ta Vinci (4), Italy, 6-3, 6-1.

Standings: Wozniacki 2-0 (sets 4-0); Vinci 1-1

(2-2); Hantuchova 0-1 (0-2); Hsieh Su-Wei 0-1

(0-2).

Sredets Group

Nadia Petrova (2), Russia, def. Zheng Jie (6),

China, 6-3, 6-3.

Maria Kirilenko (3), Russia, def. Tsvetana

Pironkova (8), Bulgaria, 6-1, 6-4.

Standings: Petrova 1-0 (2-0); Kirilenko 1-0 (2-

0); Pironkova 1-1 (2-3); Jie 0-2 (1-4).

ATP

WORLD TOUR BNP PARIBAS MASTERS

At Paris

Singles

Second Round

Seedings in parentheses

Djokovic (2), Serbia, 0-6, 7-6 (5), 6-4.

Andy Murray (3), Britain, def. Paul-Henri

Mathieu, France, 7-5, 6-3.

David Ferrer (4), Spain, def. Marcel Gra-

nollers, Spain, 6-1, 6-3.

Juan Martin Del Porto (7), Argentina, def.

Alejandro Falla, Colombia, 6-2, 6-2.

Janko Tipsarevic (8), Serbia, def. Igor Sijsling,

Netherlands, 6-4, 7-6 (0).

Juan Monaco (9), Argentina, def. Grigor Dim-

itrov, Bulgaria, 7-6 (4), 6-2.

Michael Llodra, France, def. John Isner (10),

United States, 6-4, 7-6 (5).

Nicolas Almagro (11), Spain, def. Albert

Ramos, Spain, 7-6 (1), 6-7 (4), 6-3.

Kevin Anderson, South Africa, def. Richard

Gasquet (12), France, 7-6 (5), 4-6, 6-1.

Milos Raonic (14), Thornhill, Ont., def. Jere-

my Chardy, France, 6-7 (4), 7-6 (4), 6-3.

Gilles Simon, France, def. Victor Hanescu, Ro-

mania, 7-5, 6-3.

Doubles

First Round

Josselin Ouanna and Nicolas Renavand,

France, def. Benoit Paire, France, and Stanislas

Wawrinka, Switzerland, 6-3, 6-4.

Santiago Gonzalez, Mexico, and Scott Lipsky,

United States, def. Carlos Berlocq, Argentina

and Denis Istomin, Uzbekistan, 6-2, 4-6, 10-4.

Second Round

Marin Cilic, Croatia, and Marcelo Melo, Brazil,

def. Robert Lindstedt, Sweden, and and Horia

Tecau (3), Romania, 6-3, 3-2 retired.

Mariusz Fyrstenberg and Marcin Matkowski

(4), Poland, def. Colin Fleming and Ross

Hutchins, Britain, 3-6, 6-3, 10-5.

Maz Mirnyi, Belarus, and Daniel Nestor (2),

Toronto, def. Christopher Kas, Germany, and

Andreas Seppi, Italy, 7-6 (3), 6-2.

Julien Benneteau and Adrian Mannarino,

France, def. Daniele Bracciali, Italy, and Fran-

tisek Cermak, Czech Republic, 6-4, 6-4.

AHL

EASTERN CONFERENCE

ATLANTIC DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Manchester	6	5	1	0	0	23	11	10
St. John's	8	4	4	0	0	21	26	8
Portland	7	3	3	1	0	31	29	7
Worcester	7	2	4	0	1	20	27	5
Providence	6	2	4	0	0	13	20	4

NORTHEAST DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Springfield	7	5	1	0	1	21	12	11
Bridgeport	6	4	2	0	0	19	20	8
Connecticut	7	3	3	1	0	27	26	7
Adirondack	7	3	4	0	0	18	26	6
Albany	6	2	4	0	0	14	14	4

EAST DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Norfolk	6	5	1	0	0	23	15	10
Syracuse	7	4	1	1	1	25	25	10
Binghamton	7	3	3	1	0	16	20	7
Hershey	7	3	3	1	0	21	21	7
W-B/Scranton	7	2	5	0	0	17	20	4

Wednesday's result

Charlotte at Milwaukee, 8 p.m.

Thursday's games — All Times Eastern

Lake Erie at Peoria, 8:05 p.m.

Toronto at Abbotsford, 10 p.m.

Friday's games

Syracuse at Adirondack, 7 p.m.

Connecticut at Albany, 7 p.m.

Wilkes-Barre/Scranton at Manchester, 7 p.m.

Hershey at Springfield, 7 p.m.

WESTERN CONFERENCE

NORTH DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Rochester	8	5	2	1	0	33	29	11
Abbotsford	7	4	1	0	2	25	16	10
Lake Erie	8	5	3	0	0	27	19	10
Hamilton	6	3	2	1	0	15	18	7
Toronto	6	3	2	0	1	17	17	7

MIDWEST DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Chicago	8	5	2	1	0	21	22	11
Rockford	8	4	3	0	1	21	21	9
Grand Rapids	7	2	3	1	1	24	28	6
Peoria	7	2	4	1	0	10	24	5
Milwaukee	6	2	4	0	0	12	18	4

SOUTH DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Charlotte	8	6	1	0	1	32	18	13
Houston	7	4	2	1	0	27	19	9
Okla. City	7	4	3	0	0	24	22	8
Texas	7	3	4	0	0	15	23	6
San Antonio	7	2	4	0	1	14	20	5

Worcester at Providence, 7:05 p.m.

Hamilton at Rochester, 7:05 p.m.

Binghamton at Norfolk, 7:30 p.m.

St. John's at Portland, 7:30 p.m.

Lake Erie at Milwaukee, 8 p.m.

Houston at Oklahoma City, 8 p.m.

Chicago at Rockford, 8:05 p.m.

Grand Rapids at San Antonio, 8:30 p.m.

Toronto at Abbotsford, 10 p.m.

TRANSACTIONS

MLB

AMERICAN LEAGUE

BALTIMORE ORIOLAS—Exercised their 2013

contract option on RHP Luis Ayala. Declined

their 2013 contract option on INF Mark

Reynolds, who remains arbitration eligible.

CLEVELAND INDIANS—Named Sandy Alomar

bench coach, Mickey Callaway pitching coach,

Kevin Cash bullpen coach, Brad Mills third

base coach, Mike Sarbaugh first base coach

and Ty Van Burkleo hitting coach. Exercised

their 2013 contract option on RHP Ubaldo

Jimenez. Declined their 2013 contract options

on DH Travis Hafner and RHP Roberto Hernan-

dez. Sent C/OF Vinny Rottino and RHP Kevin

Slowey outright to Columbus (IL).

DETROIT TIGERS—Sent INF/OF Don Kelly

outright to Toledo (IL).

KANSAS CITY ROYALS—Declined their 2013

contract option on RHP Joakim Soria. Acquired

RHP Ervin Santana and cash from the Los An-

geles Angels LHP Brandon Sisk.

NEW YORK YANKEES—Announced RHP

Rafael Soriano opted out of the final year of a

three-year contract. Announced INF Casey

McGehee refused a minor league assignment

to become a free agent. Returned RHP Brad

Meyers, a Rule 5 draft pick, to Washington.

TAMPA BAY RAYS—Exercised their 2013 con-

tract options on RHP James Shields, RHP Fer-

nando Rodney and C Jose Molina. Declined

their 2013 contact option for DH Luke Scott.

TORONTO BLUE JAYS—Claimed LHP Scott

Maine off waivers from Cleveland. Reinstated

RHP Kyle Drabek, LHP J.A. Happ, RHP Drew

Hutchison, RHP Dustin McGowan, LHP Luis

Perez and RHP Sergio Santos from the 60-day

DL. Designated OF Scott Cousins and RHP

David Herndon for assignment. Exercised their

2013 contract option on LHP Darren Oliver. De-

clined the 2013 contract option for OF Rajai

Davis and signed him to a one-year contract.

NATIONAL LEAGUE

PITTSBURGH PIRATES—Named Jay Bell hit-

ting coach, Rick Sofield first base coach and

Dave Jauss major league coach. Exercised

their 2013 contract option on 3B Pedro Al-

varez. Declined their 2013 contract option on C

Rod Barajas. Released LHP Hisanori Taka-

hashi.

NBA

GOLDEN STATE WARRIORS—Agreed to terms

with G Stephen Curry on a four-year contract

extension.

OKLAHOMA CITY THUNDER—Signed C Daniel

Orton.

NFL

CLEVELAND BROWNS—Signed DL Hall Davis

to the practice squad.

NEW ENGLAND PATRIOTS—Re-signed LB

Mike Rivera and DB Derrick Martin. Released

DB Sterling Moore. Released TE Alex Silvestro

from the practice squad.

TAMPA BAY BUCCANEERS—Claimed CB Dan-

ny Gorrer off waivers from Seattle. Signed G

Chris Scott to the practice squad.

TENNESSEE TITANS—Signed G/C Kyle DeVan.

Waived S Tracy Wilson.

AHL

PEORIA RIVERMEN—Announced F Brett

Sonne was reassigned to the team from

Evansville (ECHL).

NFL

Horoscopes

Aries

March 21 - April 20
At some stage today, you will have to admit that you got it wrong about someone to whom you took a disliking. It seems they are not so bad after all. Who knows, given time you may even become friends.

Taurus

April 21 - May 21
Someone in a position of power will make things happen for you, and you should be suitably grateful. Your path to the top will be a lot smoother if you become friends with people who can open doors for you.

Gemini

May 22 - June 21
If you are on the move today, you will enjoy your journey more if you travel with like-minded people. Be adventurous but be friendly too. You won't have to try too hard to make a good impression.

Cancer

June 22 - July 23
If you need to get back on good terms with someone you have fallen out with, now is the time to work things out. Don't let your pride stop you from making the first move. Soon you will be best buddies again.

Leo

July 24 - Aug. 23
If you are looking for a new love, you may find it over the next 24 hours. However, as romance planet Venus opposes changes planet, Uranus, it may not be long-lasting, so don't take it too seriously.

Virgo

Aug. 24 - Sept. 23
Strive to stay on good terms with people you have to work with on a day-to-day basis. The last thing you want is to fall out with someone whose presence you cannot avoid. Be nice. It's not so difficult.

Libra

Sept. 24 - Oct. 23
You need to talk over your differences with a loved one who has been difficult to get along with of late. Most likely the cause of their annoyance is petty and easily resolved. Approach them about it today.

Scorpio

Oct. 24 - Nov. 22
Because you don't like to let strangers see your vulnerable side, you can at times seem a bit hard and emotionally distant. What happens today will show your caring, sharing side. Some may be surprised it exists!

Sagittarius

Nov. 23 - Dec. 21
No matter how much you know or think you know, there is always something new to learn and what you discover today could change your life in so many ways. Never stop loving, laughing and learning.

Capricorn

Dec. 22 - Jan. 20
There is no point worrying too much about your cash flow but on the other hand you cannot afford to ignore it completely. Changes (and savings) need to be made but they don't have to be excessive.

Aquarius

Jan. 21 - Feb. 19
No matter how ambitious you may be, you know it is never right to take advantage of other people to get to the top. Someone you work with needs to be reminded of that fact today — maybe quite sharply.

Pisces

Feb. 20 - March 20
Forget about what might have been. Think only about what will be. There is no point feeling regret or remorse. It won't change a thing. Today is the first day of the rest of your life. Use it and enjoy it.
SALLY BROMPTON

Canadian Crossword

Across

1. Pigs abode
4. Response to a ques.
7. Resort
10. Blouse or skirt line
12. — Paulo, Brazil
13. Nova
14. Allowance
15. Feel poorly
16. Army vehicle
17. Winter happenings (2 words)
20. "Shall — Dance"
21. Weatherman Roker
22. Rent
25. Actor/Director Woody —
29. Actress Dolenz
30. Food for Mister Ed
31. A great lake
34. Due —
36. South Carolina neighbour (abbr.)
37. Et —, Brute
38. Varieties
45. Healing lotion
46. Mineral
47. Gab
49. Ernie's buddy
50. Pub
51. Merit
52. File extension
53. Ogle
54. Embroider

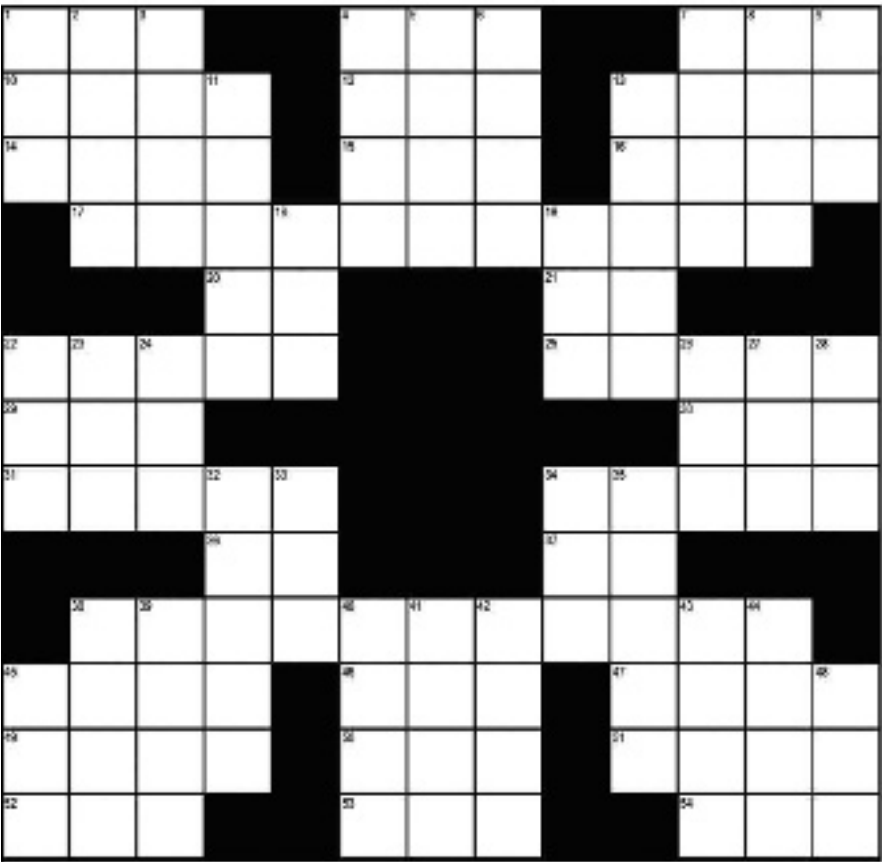
Down

1. Supersonic jet
2. Afternoon socials
3. Kitten plaything
4. Quickly
5. Hammer partner
6. By oneself
7. Ollie's partner
8. Agony
9. Noah's vessel
11. Cat's cries

13. Yet
18. Tiny
19. Babies cry
22. — de dah
23. Australian bird
24. The Fresh Prince of Bel —
26. Ed Asner role on The Mary Tyler Moore Show

27. Consume
28. Ultimate degree
32. Beginning
33. Non-commissioned Officer (abbr.)
34. Sault — Marie
35. An — of prevention....
38. Jeopardy host

39. Achy
40. Judge's garment
41. Waiter's burden
42. Only
43. — 70's Show
44. Gilbert of The Talk
45. President Lincoln, to some
48. Dynamite



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku

3	7	2	6	1	8	4	9	5
9	8	5	3	7	4	1	2	6
4	1	6	2	9	5	3	8	7
6	5	4	7	5	8	2	1	3
2	5	9	8	3	1	7	6	4
7	3	1	4	6	2	9	5	8
1	4	8	5	2	7	6	3	9
5	9	3	1	4	6	8	7	2
8	2	7	9	8	3	5	4	1

Yesterday's Crossword



What's online

See today's answers at metronews.ca/answers.



Today

9°/2°
Showers
70%

Friday

6°/1°
Showers
40%

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